

**NorthWest Arkansas Community College
Division of Social and Behavioral Sciences, Education and
Wellness, Legal and Protective Services**

PEAC 1271 (Beginning Horseback Riding)

Catalog Description:

Students in the beginning horseback riding class will learn basic grooming and care, basic riding skills, and build confidence in themselves and their abilities. The class will be held at the Laurel manor in Centerton, AR. The course will be taught by a level 2 American riding Instructor association (ARIA) hunt seat trainer, Laura McKenzie. The facility has an indoor arena and outdoor arena. For safety purposes, the class will be limited to 12 registered students. For the welfare of the horses, individuals should not weight more than 210 lbs. In addition to tuition, a fee of \$50.00 will be charged as a horse-user fee. Not only will students get the joy and challenge of interacting with horses, they will also get excellent physical activity through riding and through better knowledge and education, students will be able to make a significant difference to improving horse welfare in our region (Text books are not needed).

Credit Hours/Contact Hours/Load Hours:

1/1/1

Target Audience / Transferability:

Attendance and participation 50% (zero-1 absence = A, 2 absences = B, 3 absences = C, 4 or more = F) There are only 8 fun classes! Improvement of Skill = 20%. Midterm and Final assessment = 30%

Basic Class Rules:

Show up on time or early; go to social room (please call/text if running late).
Only students who have riding lessons prior to this class may be in barn; No exceptions.
You may bring a drink and snack (must stay in social room).
Bring notebook, paper and pencil. Keep all papers inside.
Complete and bring horse assignments to all classes.
Pay attention to instructors; there will be quizzes (group or individual).

Course Objectives; at the end of this course, students should:

Proper mount and dismount from a horse.
Properly adjust stirrups and tighten girth before mounting.
Demonstrate walk, trot and halt on horseback.
Demonstrate basic grooming techniques.
Demonstrate proper and safe handling around horses at all times.
Identify basic equipment (i.e. halter, bridle, and saddle) and its proper care.