NorthWest Arkansas Community College
Division of Health Professions

Course Number and Title
NURS 9206 Nursing Care Of Adults I

Catalog Description
Nursing Care of Adults I is the first of a series of adult health nursing courses. Building on the Fundamentals of Nursing course, this course provides for the acquisition and application of basic medical/surgical nursing theory incorporating communication, collaboration, caring, and clinical reasoning/nursing judgment necessary for safe, patient-centered nursing care to diverse adult patients experiencing acute and chronic illnesses requiring medical/surgical interventions. Incorporates evidence-based practice, quality improvement, professional standards, and legal and ethical responsibilities of the nurse. Application of knowledge and skills occurs in the nursing skills laboratory and a variety of healthcare settings.

Prerequisites
MATH 1204 College Algebra ***or*** MATH 1103 Survey of College Math
BIOL 2214 Anatomy and Physiology I
BIOL 2224 Anatomy and Physiology II
PSYC 2003 General Psychology
NURS 9108 Fundamentals of Nursing

Co-requisites
MBIO 2014 General Microbiology
ENGL 1013 English Composition I

Credit hours
Credit hours: 6
Theory: 4 hours
Clinical/Lab: 2 hours

Target Audience/Transferability
Students apply for and are selected for admission into the Nursing Program. While licensure as a Registered Nurse is an end-goal for some individuals, all AAS Nursing graduates are eligible to seek advanced placement towards a BSN degree at most colleges and universities.

COURSE OUTCOMES (CO)

1. Apply adult health nursing concepts to provide safe, quality, evidence-based, patient-centered nursing care to diverse adult patients with acute and chronic illnesses requiring medical/surgical interventions. (PO 1)

2. Demonstrate clinical reasoning/nursing judgment to make patient-centered care decisions and to function within the complex adult healthcare environment. (PO 2).
3. Relate quality improvement processes to improve care for diverse adult patients experiencing acute and chronic illnesses requiring medical/surgical interventions. (PO 3)
4. Contribute to collaboration and teamwork with members of the interprofessional team, the patient, and the patient's support persons in the adult healthcare setting. (PO4)
5. Apply basic information management principles, techniques, and systems, and patient care technology to communicate, manage knowledge, mitigate error, and support decision-making in the adult healthcare setting. (PO 5)
6. Demonstrate the use of management, legal, and ethical guidelines when caring for diverse adult patients with acute and chronic illnesses requiring medical/surgical interventions. (PO 6)
7. Demonstrate a culture of caring when providing holistic, compassionate care to diverse adult patients with acute and chronic illnesses requiring medical/surgical interventions. (PO 7)

The Course Outcomes (CO) for Fundamentals of Nursing are the basic level of expected achievement toward meeting the NorthWest Arkansas Community College Program Outcomes (PO).

COURSE CONTENT

Nursing Care of Patients Undergoing Surgery (perioperative)
Nursing Care of Patients Experiencing Fluid and Electrolyte Imbalances
Nursing Care of Patients with Learning Needs
Nursing Care of Patients Experiencing Nutritional, Hepatic, Biliary, and Exocrine Disorders
Nursing Care of Patients Experiencing Upper and Lower Gastrointestinal Disorders
Nursing Care of Patients Experiencing Endocrine Disorders
Nursing Care of Patients Experiencing Respiratory Disorders

TEACHING METHODS:

This course will include the following methods/approaches to teaching: audio lecture, class and blackboard discussion, audio-visuals, web-enhanced activities, active learning activities, clinical/simulation training, post-conferences, independent reading, and observational experiences.