

PHYSICIAN CERTIFICATION OF ESSENTIAL FUNCTIONS AND PHYSICAL ABILITIES
PTA ESSENTIAL FUNCTIONS AND PHYSICAL DEMANDS

Physical Therapist Assistant (PTA)
076.224-010

Job Responsibilities: The PTA is an educated health care provider who assists the physical therapist in the provision of physical therapy including physical therapy procedures, patient assessment, and related tasks. Under the supervision of a physical therapist the tasks performed by the PTA may include but are not limited to effectively communicating through listening, speaking, reading & writing in English with a variety of patients, assessing patient progress, gathering patient information, performing data collection of muscle strength and patient function, taking vital signs, patient transfer and gait training, manipulation of exercise equipment, exercise instruction, application of various modalities, patient handling and facilitation skills, palpation, and wound care. The PTA may practice in a variety of settings including hospitals, outpatient clinics, home health, schools, research centers, industry, wellness & fitness centers, skilled nursing facilities, and long-term care.

Essential Functions and Physical Demands: In order to successfully perform the job of a PTA, the following are required:

- Skills: oral comprehension, oral expression, speech clarity, problem sensitivity, speech recognition, deductive reasoning, information ordering, written comprehension, static strength (ability to exert maximum muscle force to lift, push, pull or carry objects) and flexibility (the ability to bend, stretch, twist or reach with your body, arms &/or legs),
- Physical abilities include: standing, walking, sitting, lifting, carrying, pushing, pulling, and/or hand function. and
- Strength classification is Medium Work: Exerting 20 to 50 pounds of force occasionally, and/or 10 to 25 pounds of force frequently, and/or greater than negligible up to 10 pounds of force constantly to move objects.

NWACC strives to provide reasonable accommodation as necessary to allow a PTA student to be successful. If you feel you would need accommodation, please contact the NWACC Office of disability Services

Dictionary of Occupational Titles. Available at: <http://www.occupationalinfo.org/07076224010.html>. Accessed September 3, 2008
Occupational Information Network at: <http://online.onetcenter.org/link/summary/31-2021.00> Accessed September 3, 2008.

I certify that _____ is able to perform the essential functions and physical demands of a physical therapist assistant.
(Student Name)

Clinic Name _____
Physician Name Print _____
Address _____
Phone #: _____

Physician Signature _____ *Date:* _____