

**Northwest Arkansas Community College**  
(Social & Behavioral Sciences Division)

**Discipline Code**

PSYC

**Course Number**

2103

**Course Title**

Human Growth & Development

**Catalog Description**

Survey of human development ranging from conception through death, with an emphasis on the physical, emotional, cognitive, moral, and social growth of human beings. This course includes study of developmental psychological theory and research methods.

**Prerequisites**

N/A

**Credit Hours**

3 credit hours

**Contact hours**

45 contact hours

**Load hours**

3 load hours

**Semesters Offered**

Fall, Spring, Summer

**ACTS Equivalent**

PSYC 2103

**Grade Mode**

A-F

**Learning Outcomes**

Students completing this course will:

- Recognize and evaluate major theories in Development Psychology
- Describe developmental trends in physical growth, emotional and social competence, and cognitive ability across the life span
- Articulate the impact of culture on human functioning

- Explain different research methods used by developmental psychologists, focusing on considerations specific to the field of developmental psychology (including the strengths and limitations of developmental research designs).
- Recognize the necessity for ethical guidelines in psychological research
- Evaluate the quality of information, including differentiating empirical evidence from speculation and the probable from improbable
- Assess support for conclusions to determine how well reasons support conclusions

## **General Education Outcomes Supported**

- Students develop higher order thinking skills.

## **Standard Practices**

### **Topics list**

- Theory and research in Human Development
- Biological and environmental influences on Human Development
- Prenatal development, birth, and the newborn baby
- Physical, cognitive, emotional, and social development during toddlerhood
- Physical, cognitive, emotional, and social development during early childhood
- Physical, cognitive, emotional, and social development during middle childhood
- Physical, cognitive, emotional, and social development during adolescence
- Physical, cognitive, emotional, and social development during early adulthood
- Physical, cognitive, emotional, and social development during middle adulthood
- Physical, cognitive, emotional, and social development during late adulthood
- Death and dying

### **Learning activities**

- N/A

### **Assessments**

- N/A

### **Grading guidelines**

- N/A