

**NorthWest Arkansas Community College  
Division of Social and Behavioral Sciences,  
Education and Wellness, Legal and  
Protective Services**

**PSYC 2003H (Honors General Psychology)**

**Catalog Description:**

PSYC 2003H General Psychology Honors - (F). This course is an introduction to the breadth and diversity of psychology as a science topics covered include the biological basis of behavior, personality, human development, learning, memory, motivation and emotion, mental disorders and treatment, social influences on thought and behavior, perception, and consciousness. The scientific basis and practical applications of psychological principles are emphasized in this course.

**Prerequisites:**

**Credit Hours/Contact Hours/Load**

**hours:** 3/3/3

**Target Audience:**

General Psychology is a course designed to serve as an introduction to the field of psychology, highlighting its breadth and diversity. It is a transferable course within the Arkansas State transfer system as the basic introduction to psychology course.

**Learning Outcomes:**

Theory and Content of Psychology

- Explain why psychology is a science and describe the different research methods used by psychologists
- Demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology
- Evaluate current competing theories relating to contemporary issues in psychology

Application of Psychology

- Apply psychological theories and principles to everyday life and contexts

Critical Thinking Skills in Psychology

- Respect and use critical thinking, skeptical inquiry, and the scientific approach to solve problems related to behavior and mental processes
- Identify and evaluate the source, context, and credibility of information and distinguish between research designs that permit causal inferences from those that do not

- Evaluate historical and contemporary theories using critical thinking and scientific reasoning

**Topics:**

This course begins with the history of psychology as a science and an overview of commonly used research methods.

Various topics under the following content areas are covered:

- History of Psychology and Research Methods
- Theories of Personality
- Life Span Development
- Biological Basis of Behavior
- Consciousness
- Sensation and Perception
- Thinking and Intelligence
- Memory
- Learning
- Social and Cultural Influences on Behavior
- Psychological Disorders and Treatment
- Emotion, Stress, and Health
- Motivation

These topics are presented with a special emphasis on critical thinking skills.