

Northwest Arkansas Community College

(Social & Behavioral Sciences Division)

Discipline Code

PSYC

Course Number

1003

Course Title

Successful First Year Student

Catalog Description

Designed for students new to college, this course will help them make a successful transition to the demands of college. Students will learn about the culture and resources of college and will develop skills in reading, writing, speaking, studying, test-taking, and using technology. They will also learn about their individual learning styles and personality characteristics, and will develop educational and career plans and goals. Students will also develop a support system with course faculty and fellow students. The course is designed to be open to all beginning college students.

Prerequisites

N/A

Credit Hours

3 credit hours

Contact hours

45 contact hours

Load hours

3 load hours

Semesters Offered

Fall & Spring

ACTS Equivalent

N/A

Grade Mode

A-F

Learning Outcomes

Students completing this course will:

- Develop and use efficient time management strategies

- Improve reading comprehension
- Develop effective strategies for learning new material
- Identify personal learning style preferences, and develop strategies for succeeding in both preferred and non-preferred learning environments
- Identify individual personality types, and develop strategies for maximizing personal strengths
- Be able to use basic word processing programs
- Be able to use school email system
- Be able to conduct research on-line
- Utilize library resources, including on-line research databases
- Be aware of student help resources including the Writing Center and Math Lab
- Demonstrate professional writing conventions (e.g. grammar, audience awareness, formality) appropriate to purpose and context
- Demonstrate effective oral communication skills
- Define and avoid plagiarism

General Education Outcomes Supported

- N/A

Standard Practices

Topics list

- Technology Competence
- Time Managements
- Learning Styles
- Note Taking Skills
- Test Taking Strategies
- Career Selection
- Public Speaking Skills
- Money Management
- Appreciating Diversity
- Stress Management.

Learning activities

- N/A

Assessments

- N/A

Grading guidelines

- N/A