

**NorthWest Arkansas Community College
Division of Social and Behavioral Sciences,
Education and Wellness, Legal and Protective
Services**

PSYC 1003 (Successful First Year Student)

Catalog Description:

Designed for students new to college, this course will help them make a successful transition to the demands of college. Students will learn about the culture and resources of college and will develop skills in reading, writing, speaking, studying, test-taking, and using technology. They will also learn about their individual learning styles and personality characteristics, and will develop educational and career plans and goals. Students will also develop a support system with course faculty and fellow students. The course is designed to be open to all beginning college students

Prerequisites:

None.

**Credit Hours/Contact Hours/Load
hours: 3/3/3**

Standard Course Outline:

The content of this course focuses on preparing students for success in the college environment. Information is presented in a collaborative learning environment, and students are encouraged to actively participate in class discussions and activities. Topics covered include:

- Technology Competence
- Time Managements
- Learning Styles
- Note Taking Skills
- Test Taking Strategies
- Career Selection
- Public Speaking Skills
- Money Management
- Appreciating Diversity
- Stress Management.

Learning Outcomes:

Goal 1: Development of Study Skills

- Develop and use efficient time management strategies
- Improve reading comprehension
- Develop effective strategies for learning new material

Goal 2: Personal Insight

- Identify personal learning style preferences, and develop strategies for succeeding in both preferred and non-preferred learning environments
- Identify individual personality types, and develop strategies for maximizing personal strengths

Goal 3: Technology Use

- Be able to use basic word processing programs
- Be able to use school email system
- Be able to conduct research on-line

Goal 4: Awareness of College Resources

- Utilize library resources, including on-line research databases
- Be aware of student help resources including the Writing Center and Math Lab

Goal 5: Communication Skills

- Demonstrate professional writing conventions (e.g. grammar, audience awareness, formality) appropriate to purpose and context
- Demonstrate effective oral communication skills
- Define and avoid plagiarism