

**NorthWest Arkansas Community College Division of Social and
Behavioral Sciences, Education and
Wellness, Legal and Protective Services**

PEAC 1271 (Beginning Horseback Riding)

Catalog Description:

Students in the Beginning Horseback Riding class will learn basic grooming and care, basic riding skills, and build confidence in themselves and their abilities. The class will be held at the Laurel manor in Centeron, AR. The course will be taught by a level 2 American Riding Instructor Association (ARIA) hunt seat trainer. The facility has an indoor and outdoor arena. For safety purposes, the class will be limited to 12 registered students. For the welfare of the horses, individuals should not weight more than 210 lbs. Not only will students get the joy and challenge of interacting with the horses, they will also get excellent physical activity through riding, better knowledge, and be able to make a significant difference to improving horse welfare in our region. A fee will be charged, no textbooks are required.

Prerequisites:

None

Credit hours/Contact hours/Load hours:

1/1/1

Course Objectives:

Upon the completion of this course, the student should be able to:

- Properly mount and dismount from a horse
- Demonstrate safety procedures before mounting
- Basic Steering on horseback
- Basic grooming techniques
- Demonstrate proper and safe handling around horses at all times
- Identify basic equipment (i.e. halter, bridle, and saddle) and its proper care