

# **Northwest Arkansas Community College**

Health Professions Division

## **Discipline Code**

NURS

## **Course Number**

9333

## **Course Title**

Mental Health Nursing

## **Catalog Description**

**Mental Health Nursing Fall 2nd 8weeks** Nursing provides for the acquisition and application of psychiatric/mental health nursing theory, incorporating communication, collaboration, caring and clinical reasoning/nursing judgment necessary for safe, client-centered nursing care to diverse clients experiencing common mental health conditions/disorders. Incorporates evidence based practice, quality improvement, professional standards, and legal and ethical responsibilities of the nurse.

## **Prerequisites/Co-requisties**

Prerequisite: NURS 9237 Medical Surgical for Practical Nursing II

Co-requisite: NURS 9324 Transition to Practice

## **Credit Hours**

3 credit hours

## **Contact hours**

20 lecture contact hours

27 Lab contact hours

13 Clinical contact hours

## **Load hours**

7 load hours

## **Semesters Offered**

Fall 2<sup>nd</sup> 8 weeks

## **ACTS Equivalent**

None

## Grade Mode

A-F

## Learning Outcomes

Students completing **Mental Health Nursing** will be able to:

1. Identify theories and concepts for management of and ethical and legal guidelines in the nursing care of the clients experiencing common mental health conditions/disorders.
2. Recognize the importance of therapeutic communication, leadership skills, and collaboration of teamwork to meet the client's health care goal and needs of the client experiencing common mental health conditions/disorders.
3. Use self-knowledge gained through reflection on one's own beliefs and values in building and enhancing the nurse-client relationship to provide safe, high quality, evidence based nursing care of diverse clients experiencing common mental health conditions/disorders.
4. Recognize therapeutic use of self, therapeutic communication skills and understanding of mental health issues across the lifespan for clients experiencing common mental health conditions/disorders.
5. Compare different cultures spiritual beliefs and practices of the client experiencing mental health conditions/disorders.

## General Education Outcomes Supported

- Students Develop Higher Order Thinking skills.
- Students Develop Effective Oral Communication Skills
- Students Will Demonstrate Technological Fluency.

## Standard Practices

### Topics list

Introduction to Psychiatric Care  
Psychopharmacology  
Addictive Disorders

Psychiatric Team Roles  
Stress, Anxiety and Coping  
Common Mental Disorders

Therapeutic Communication  
Abuse and Neglect  
Mood disorders

### Learning activities

This course will include the following methods/approaches to teaching: Canvas discussion, video-lectures, audio-visuals & supplemental readings, case studies, web-enhanced activities, active learning activities, and independent reading.

### Assessments

Exams, quizzes, in-class activities, and group projects.

### Grading guidelines

- Student must achieve at least a 78% on proctored Unit and Final Examination before any additional grades are included in final average to be successful in the course.
- Students must average at least 78% on all graded work to be successful in the course.

### Last Revision Date:

4/3/2023/mw

