

# **NORTHWEST ARKANSAS COMMUNITY COLLEGE**

(Division of Health Professions)

## **DISCIPLINE CODE**

NURS

## **COURSE NUMBER**

9232

## **COURSE TITLE**

Psychiatric Mental Health Nursing

## **CATALOG DESCRIPTION**

Essentials of Psychiatric/Mental Health Nursing provides for the acquisition and application of psychiatric/mental health nursing theory, incorporating communication, collaboration, caring and clinical reasoning/nursing judgment necessary for safe, patient-centered nursing care to diverse patients experiencing common mental health conditions/ disorders. Incorporates evidence-based practice, quality improvement, professional standards, and legal and ethical responsibilities of the nurse.

## **PREREQUISITES**

NURS 9135/9133 Fundamentals of Nursing & PSYC 2003 General Psychology.

## **CO-REQUISITES**

NURS 9231 Psychiatric/Mental Health Nursing & NURS 9422 Nursing Care of Adults III.

## **CREDIT HOURS**

3 credit hours

## **CONTACT HOURS**

30 lecture contact hours

43 clinical/lab contact hours

## **LOAD HOURS**

5 load hours

## **SEMESTERS OFFERED**

Fall, Spring and Summer

## **ACTS EQUIVALENT**

None

## **GRADE MODE**

A-F

## **LEARNING OUTCOMES**

1. Examine the impact of cultural and individual differences on fundamental nursing concepts, the performance of fundamental skills, and in the development of care plans using the nursing process.
2. Identify and provide knowledge and resources necessary to complete patient education regarding fundamental nursing concepts and basic nursing procedures.
3. Exemplify professional behavior, accountability, responsibility, and use of basic interpersonal skills in the classroom and nursing laboratory.
4. Explore and demonstrate effective communication in obtaining and conveying relevant information regarding fundamental nursing concepts, skills and the nursing process to faculty and classmates.
5. Develop clinical reasoning and nursing judgment through the application of fundamental nursing knowledge in the classroom and nursing laboratory.
6. Discuss and correctly utilize technology in the retrieval, management, and reporting of fundamental nursing concepts, skills, and medication provision in the classroom and nursing laboratory.
7. Identify safety and infection control procedures to protect patients and health care personnel.
8. Develop fundamental knowledge and understanding of the nursing process for use in problem solving, prioritization of patient care, and prevention of health complications in the adult and geriatric population.

## **GENERAL EDUCATION OUTCOMES SUPPORTED**

Students develop higher order thinking skills

## **STANDARD PRACTICES**

### **Topics list**

1. Pharmacology in psychiatric nursing – throughout the course embedded within each topic
2. Therapeutic Settings in psychiatric nursing
3. Therapeutic Relationships
4. Therapeutic Communication
5. Psychiatric Assessment
6. Foundations of Psychiatric Nursing
7. Neurological Theories and Psychopharmacology
8. Psychosocial Theories & Therapy
9. Legal and Ethical Issues
10. Anger, Hostility & Aggression
11. Anxiety Disorders
12. Suicide
13. Trauma & Stress related disorders
14. Obsessive Compulsive & other related disorders
15. Somatic Disorders
16. Eating Disorders
17. Mood Disorders – Depression, Bipolar and other related disorders
18. Schizophrenia
19. Cognitive Disorders
20. Personality Disorders
21. Child & Adolescent Disorders
22. Substance Abuse and addictive disorders
23. Violence & Abuse

## 24. Culture and Mental Health

### **LEARNING ACTIVITIES**

- Courses must, at a minimum, cover the core learning outcomes for each topic. Faculty may add to these outcomes, but may not omit any of them.
- Lecture, In class activities, Group Activities, Culture PowerPoint/Discussion, Quizzes, Exams

### **ASSESSMENTS**

Exams, quizzes, in-class activities, clinical validations, APA papers, and group projects.

### **GRADING GUIDELINES**

- Student must achieve at least a 78% on proctored Unit and Final Examination before any additional grades are included in final average to be successful in the course.
- Students must average at least 78% on all graded work to be successful in the course.
- Students must be successful in Co-requisite of NURS 9133 to be successful in the course.