

NorthWest Arkansas Community College
Division of COMMUNICATIONS & ARTS

Course Number and Title—DANC 1961 BALLROOM DANCE I

Catalog Description—(F,S) This course included instruction and practice in basic ballroom dance technique, including dance positions and posture, basic step patterns, rhythm, and styles. The dances included in this course are the Fox Trot, Cha-Cha, Waltz and Swing.

Prerequisite--None

Credit hours/Contact hours/Load hours—1 CREDIT HOUR / 2 CONTACT HOURS / 1 LOAD HOURS

Target Audience and Transferability--This course is designed as a Dance Program activity course but generally transfers as a PE activity course as well.

Learning Outcomes—Students will:

- Apply balance, coordination, and basic rhythms to body movement.
- Demonstrate basic foot patterns and movements in correlation to the music.
- Apply basic foot patterns, turns, and body styling to dancing alone and with a partner.
- Recognize the music and instrumentation that defines the genre.

Topics— Dance position, head alignment, balance, footwork, partnering, step patterns, rhythm, and styles.

Forms of Assessment—Course will be assessed through instructor's grading system.