

NorthWest Arkansas Community College
Division of COMMUNICATIONS & ARTS

Course Number and Title—DANC 1931 BALLET I

Catalog Description—(F,S) Ballet I is a classical ballet technique course offered to beginners as well as those who have had some dance experience. Areas of focus will include classical ballet technique, body alignment, muscle development, flexibility and exposure to ballet terminology. Will also assist students in learning to artistically express themselves through dance.

Prerequisite--None

Credit hours/Contact hours/Load hours—1 CREDIT HOUR / 2 CONTACT HOURS / 1 LOAD HOURS

Target Audience and Transferability--This course is designed as a Dance Program activity course but generally transfers as a PE activity course as well.

Learning Outcomes—Students will:

Apply balance, coordination, and basic rhythms to body movement.

Demonstrate basic foot patterns, traditional ballet technique, and movements in correlation to the music.

Apply basic foot patterns, turns, and body styling to dancing alone and with corps de ballet.

Recognize the music and instrumentation that defines the genre.

Topics— Classical ballet technique, body alignment, muscle development, flexibility and ballet terminology

Forms of Assessment—Course will be assessed through instructor's grading system.