

Counseling Center Assessment Plan

Planning for Academic Year: 2019 - 2020

Department: Counseling

Submission Date: Fall 2019

Purpose:

Continue to support the mission of the Counseling and Wellness Center's values of self-discovery, the attainment of optimal mental health and wellness, and the amelioration of internal and environmental barriers that challenge students' academic success and hamper their emotional, cultural and spiritual growth.

Relates to Institutional Goal(s):

1. Learner Community: Provide and continuously strengthen quality programs and processes that support student achievement and success.

Relates to Divisional Goal(s):

Same as Institutional Goals

Outcomes: Do not just list the specific projects to be accomplished this year. What are the objectives you are trying to accomplish with those projects?

1. Students, staff, and faculty will increase the ability to analyze/evaluate challenges, create solution focused goals, and apply growth to daily life skills. as demonstrated in the annual Counseling and Wellness Center Survey administration.
2. As the result of services received by the Counseling and Wellness Center; students, staff, and faculty will increase levels of functioning (social, academics, mental). as measured by pre-post testing.

Assessment Measures:

- Annual Counseling and Wellness Center Survey administration.
- Pre-Post Testing for each individual who accesses counseling services.

Standards for Success:

- 100% completion rate of Pre-Post Testing.

- Surveys will be sent annually to 100% of individual who access counseling services.

Implementation Plan:

- Students, staff, and faculty will complete the pre-test document at intake to the program and the post-test document at discharge from the program.
- Surveys will be sent annually via confidential email by the end of the spring semester (May 31st) to each individual who access counseling services.

Results/Discussion:

- Meet all outcomes.