



News Briefs

2019-20 Scholarship Deadline March 1

The 2019-2020 NWACC Scholarship application deadline is March 1. Be sure to check if letters of recommendation are needed or if there are any additional requirements. The link to begin the online application is <https://nwacc.awardspring.com/>

Writing Center Sets Workshop Dates

The Writing Center is hosting workshops throughout the semester. Students who attend eight or more writing workshop sessions will receive an attendance recognition stamp on their transcripts. Workshops on Wednesdays and Thursdays begin at 3 p.m. while workshops on Friday's begin at 9:30 a.m. All sessions will be held in Burns Hall in room 1019.

Workshop session topics and dates are as follows:

- **Use of Colons and Semicolons:** Wednesday, Feb. 27; Thursday, Feb. 28; and Friday, March 1.
- **Thesis Statements:** Wednesday, March 6; Thursday, March 7; and Friday, March 8
- **Varying Sentences:** Wednesday, March 13; Thursday, March 14; and Friday, March 15
- **Verb Tenses and Voice:** Wednesday, March 27; Thursday, March 28; and Friday, March 29

For more information, contact [writingcenter@nwacc.edu](mailto:writingcenter@nwacc.edu).

Transfer Visits Set

Representatives from the following schools will be at the NWACC Washington County Center location to discuss transfer opportunities with students:

- **University of Arkansas - Fayetteville:** 10 a.m. to 2 p.m. on Feb. 27 on the WCC campus
- **University of Arkansas -**

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NEWS



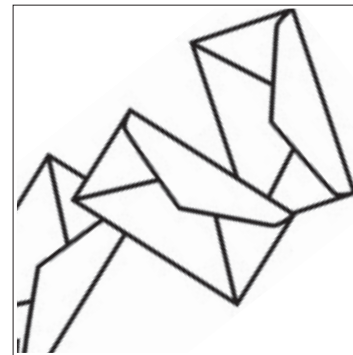
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ENTERTAINMENT



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OPINION



PAGE 3

# Spring Career Fair Set for March 6



File photo by George Tientcheu

From left, Hannah Lawler, dual enrollment student, stopped and spoke to People Ready's Shonda Patton and Nathan Bell, branch manager, during the 2018 Career Fair on Sept. 5, 2018, in the Student Center.

Heather Hodge Staff Writer

Preparing for the workforce is a job in itself. NorthWest Arkansas Community College gives students and community members an opportunity to have resumes reviewed and to apply for employment all in one place.

NWACC's Career Fair will be held from 10 a.m. to 2 p.m. March 6 in room 108 of the Student Center. The fair is open to all students, alumni, and the public.

Participants are asked to check-in at the Career Services table when they arrive March 6.

Erin Hollingsworth, associate director of Career Services, said participants should bring multiple copies of their resume to the event and to wear professional attire.

"We have a saying, 'Dress to Impress,'" she said.

For those who would like feedback on their resume or assistance creating a resume prior to the career fair, Hollingsworth said to contact Career Services via email at [career\\_services@nwacc.edu](mailto:career_services@nwacc.edu).

Additionally, participants who sign up to attend before the event are eligible to win door prizes and will receive a name tag, according to the Facebook event page. The registration form is available online at <https://goo.gl/forms/yNasck8sKotTui053>.

Parking for those who do not have a campus hang tag will be available on the fourth floor of the parking garage.

For more information, check out the details on Facebook at <https://www.facebook.com/events/439454739922586/>.

## Topping Out Ceremony for New Washington County Building



Photo courtesy of Christy Murry/NWACC

Benjamin Moore, left, with Milestone Construction Company signals the crane operator to begin lifting the final beam into place during the topping-out ceremony Jan. 25 at the site of the college's new Washington County Center while Nathaniel Chach, center, and Miguel Hernandez with Browers and Associates Steel Erectors look on. The new building is located west of the Arvest Ballpark on Watkins Avenue in Springdale and is tentatively set to open for the Spring 2020 semester.

## Health Fair Gives Students Job, School Options

Shyrl Reynolds Staff Writer

NorthWest Arkansas Community College will give health students and professionals a chance to learn more about educational programs and employment opportunities at the Health Professions Career and Transfer Fair. The fair is scheduled from 10 a.m. to 2 p.m. March 13 in the Oak Room on the third floor of the Center for Health Professions building on the college's main campus in Bentonville.

In a combined effort between Career Services, Transfer Services and the Health Professions Division, an event was planned to provide individuals interested in the health profession field with resources they may need, said Erin Hollingsworth,

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## UA, NWACC Transition Program to Start Fall 2019

Jewell Parnell Staff Writer

Beginning in the fall semester of 2019, select students can dually enroll in courses at both the University of Arkansas and Northwest Arkansas Community College, Washington County campus. Freshmen students who may not meet all the university's admission requirements now have an opportunity to be a part of the new Transition Academic Program, which will take between 50-100 students each semester.

Justin White, the Executive Director of Enrollment Management at NWACC said, "The main purpose in creating this program was to increase educational attainment for students by providing another path to achieving their goals."

According to the University of Arkansas 'Undergraduate Admissions' page, students may enroll in three or four courses through NWACC as degree-seeking students and one course at the University of Arkansas as a non-degree seeking student. This way, students may simultaneously work

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## College Hosts National History Day

More than 1,100 People are Expected to Attend the Event

Layne Adams Staff Writer

About 600 students from surrounding counties will travel to NorthWest Arkansas Community College on March 9 to compete in National History Day. The event is open to the public and will be held at the Walmart Auditorium in the Shewmaker Center for Workforce Technologies. This is NWACC's eighth year hosting History Day after taking it over from Shiloh Museum.

Dr. David Van Tassel founded History Day in the 1970s in an effort to get secondary students enthusiastic for historical research, according to the website [case.edu/ech/articles/v/van-tassel-david-d](http://case.edu/ech/articles/v/van-tassel-david-d). The competition continues to live on in his memory, sparking inspiration and dedication into the minds of young learners.

History Day is a nationwide, non-profit competition beginning at the individual school level competitions that then advance to regional competition, continuing to state, and finally to the national level, according to [www.nhd.org/about](http://www.nhd.org/about). There are three different divisions students can compete in: Posters, for 4th and 5th graders; Junior Division, 6th through 8th grade; and the Senior Division, 9th



File photo by Charles Fowler

Dr. Marvin Galloway, intern vice president for learning, looks over displays March 10, 2012, during the History Day event held at NWACC.

through 12th grade.

Every year for this event, there is a set theme that the contestants must stick to, and this year, the theme is Triumph and Tragedy. Topics can range from as broad a topic as a world war to as small and detailed as a local historical event. Once the students choose their topic, they then must decide

on which category to present their topic on.

"They can choose from 5 different categories: documentary, website, performance, paper, or exhibit," said Dr. Jami Forrester, Region 10 History Day coordinator. Paper entries must be submitted

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File photo by Alan Baker

The NWACC Student Nursing Association provided free blood pressure screenings March 20, 2014, at the Health Fair in room 108 of Burns Hall. Left, Nicki Hudsonpillar, a second year nursing student checks the pressure of Rachel Hurse, a prespective NWACC student. The next Health Professions Career and Transfer Fair begins at 10 a.m. March 13 in the Oak Room on the third floor of the Center for Health Professions building.

**FAIR**

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associate director of Career Services.

Local businesses and colleges will answer questions about future employment and educational opportunities.

Companies in attendance looking to fill open employment positions include Mercy, American Diabetes Association, PRN Medical Services, Acadia Healthcare - PRTC, Home Instead Senior Care, Northwest Health, Arkansas Department of Workforce, Springdale Fire Department and the Bentonville Fire Department.

If students plan to continue their education, representatives from Central Methodist University, University of Arkansas Global Care, Oklahoma State University of Stillwater, and

John Brown University will be there to answer students' questions.

Hollingsworth said participants may want to bring several copies of their resumes and should dress in professional attire.

If students need help with their resume or need to create one, they may email career\_services@nwacc.edu for assistance.

This event is open to the public, all general students and alumni. There is a Facebook event page online, <https://goo.gl/forms/zZKJWofg1RMiLFgh2>, where individuals may go and register to attend. Attendees can pre-register for a name tag and a chance to win door prizes at the Health Professions Career and Transfer Fair event page on Facebook.

**DAY**

Continued from page 1

by only one person, but all other categories can have the option of being presented as a group or still one person.

Forrester said History Day isn't just about knowing random historical facts, but instead about understanding life. She said she believes students who participate in this event not only learn about the history of our world, but gain vital skills in learning how to properly find and critique a source.

Sai Panabakam, a senior at Rogers New Technology High School, plans to compete in this year's History Day.

Panabakam and her team won first place in Nationals two years ago and placed 4th last year. Panabakam said they are searching for redemption this year as they head into the competition with determined mindsets.



Courtesy photo

Sai Panabakam, center, a student at Rogers New Technology High School, stands with her teammates, Sidra Nadeem, left, and Denise Martinez, right, after winning the 2017 National History Day Competition in Washington D.C.

In an interview, Panabakam described her journey as nerve-racking, as a big smile gradually spread over her face. One of the most important skills she said she believes she gained was time management and perseverance. The public is invited

**PROGRAM**

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towards their Associate's degree at NWACC, while also being University of Arkansas students working towards a Bachelor's degree. Once a student has completed two full semesters at NWACC with 18 transferable hours, six hours of non-degree seeking work at the University, and has a combined GPA of a 2.0, they are eligible to re-apply to the University of Arkansas and begin as a full-time, degree-seeking student.

TAP also allows for students to experience school on both a university and community college scale. Estephani Ochoa, Journalism Broadcast major, graduated from NWACC in the spring of 2018 and transferred to the U of A for the proceeding fall semester. During her time at the U of A, Ochoa has discovered the perks of both NWACC and the U of A.

"Now that I'm at the university, I have access to a lot of resources that were not available at NWACC and I like that," she said, but NWACC has smaller classes so teachers are able to focus more on students. It's great that students can now get both of those options through TAP," Ochoa said.

The Undergraduate Admissions 'Frequently Asked Questions' page said when a student has been accepted into TAP, the first

step is to apply for FAFSA for the upcoming year. Students will apply for FAFSA through NWACC for the first two semesters, but further aid and scholarships can be sought out for courses taken at the University of Arkansas. While TAP does not accept AP, dual, or CLEP credit from previous schools or courses, credit from said courses may still count towards an accumulated degree.

TAP considers all students to be Arkansas Razorbacks from the day of acceptance, which means students accepted into TAP can live on campus at the University of Arkansas.

For those who wish to live on campus, transportation

between schools is available. The NWACC Washington County Center in Springdale only resides 10 miles from the university; students are offered a free bus ride to the Pinnacle Mall in Rogers, where they will then switch to an Ozark Regional Transit bus that will take them to their designated NWACC campus. There is a \$14 bus pass available online that will last students the whole semester.

Students that are a part of this program will not be eligible for NCAA sports or Greek life through the university, but will be able to partake in university organizations, while also having the option to participate in NWACC's selection of clubs.

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**BRIEFS**

Continued from page 1

**Fayetteville:** 9 a.m. to noon on March 4 in the Student Center

- John Brown University:** 9 a.m. to noon on March 4 in the Student Center
- Northeastern State University:** 11 a.m. to 2 p.m. on March 6 in the Student Center
- Missouri Southern State University:** 11 a.m. to 2 p.m. on March 6 in the Student Center
- University of Arkansas - Fayetteville:** 10:30 a.m. to 1 p.m. on March 26 in the Student Center
- University of Central Arkansas:** 11 a.m. to 2 p.m. on March 27 in the Student Center
- University of Arkansas - Fort Smith:** 11 a.m. to 2 p.m. on March 27 in the Student Center
- University of Arkansas - Fayetteville:** 10 a.m. to 2 p.m. on March 27 on the WCC campus

For more information, contact special.events@nwacc.edu.

Center. Workshop sessions are as follows:

- Finding Zeros Using Factoring and Synthetic Division:** 4-5 p.m. on March 5
- Exponent Laws (Foundations of Algebra Stem and Above):** 3-4 p.m. on March 6
- Factoring Polynomials and Quadratics (FA-STEM & Above):** 4-5 p.m. on March 26
- Rational Expressions and Operations:** 3-4 p.m. on March 27

For more information, contact mathcenter@nwacc.edu.

minutes early.

For more information, contact healthinfomgmt@nwacc.edu

9-13, 2019, at the University of Maryland, College Park.

If you are interested in volunteering for this event, please contact Jami Forrester at jforrester@nwacc.edu.

**NWACC Spring Career Fair 2019**

The spring Career Fair will be taking place from 10 a.m. to 2 p.m. on March 6 in room 108 of the Student Center. Event will be open to students, alumni and the public.

Pre-register for a name tag and a chance to win door prizes at <https://goo.gl/forms/yNasck8sKotTui053>. Dress to impress and bring your resume. Student Records will be there to help students apply for graduation.

For more information, contact career\_services@nwacc.edu.

**Brightwater Dinners Set for March 8**

Explore the fine arts through the lens of culinary arts. Chef Rafael Rios and the LatinX Theatre Project will contemplate the concept of "home" using their own artistic mediums. This third dinner series installment will take place from 6-9 p.m. March 8 at 801 S.E. 8th St. Bentonville. The Cocktail & Charcuterie hour takes place from 6-6:30 p.m., sponsored by Galler Foods. The cost is \$80 per person.

**Wine Education Classes Set**

The Level 1, Wine & Spirit Education Trust wine education class is geared towards those preparing for, or employees starting, their first job in wine, as well as for consumers looking for challenging wine classes. Students will explore the main types and styles of wine through sight, smell, and taste while also gaining the basic skills needed to describe wines accurately and make food and wine pairings. Upon successful completion, students will receive a WSET certificate and lapel pin.

Class times are as follows:

- 12:30 a.m. to 2:30 p.m. on March 11, 13, and 25
- 8:00 a.m. to 11:00 a.m. on March 12, 14, and 26

Classes are held in the Brightwater Culinary Theatre at 801 SE 8th Street, Bentonville, Ark., 72712. Cost per person is \$250.

**Spring Break**

No classes from March 18 through March 23. Offices close at 4:30 p.m.

**National History Day Contest is March 9**

The National History Day competition will be from 8 a.m. to 5 p.m. on Saturday, March 9 at NWACC's Bentonville campus. More than 500 area students will compete in the competition. The top two entries in each category at this contest level will be invited to the national contest June

**Summer 2019 Registration Opens**

Registration opens for summer classes on April 1.

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To submit a news item or an event to the Eagle View, email a brief description of the event including the time, date, place and contact information, to eagleview@nwacc.edu.

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The NorthWest Arkansas Community College Eagle View student newspaper shall provide students with a public forum for responsible news reporting and commentary and shall reflect commitment to integrity, truth and excellence.	

**Closed Ramp on I-49**

A section of Interstate 49 closed Feb. 15 for improvements. The ramp closure was put into place so crews can complete work on the interchange. The ramps are estimated to remain closed until late May. Traffic will be controlled with signage and traffic barrels. Detours will be clearly marked. Through traffic on S.E. 14th Street/Hudson Road will not be impacted. Use caution when approaching and traveling through all highway work zones.

For more information, call 870-743-2100.

**Math Workshops Set**

The Math Center has set workshop dates for multiple subjects. All workshops will be held in room 314 of the Student

**Spring Arts & Culture Festival**

The festival takes place March 4-7 in White Auditorium, Hotel 21C in downtown Bentonville, and Bike Rack Brewing in Eighth Street Market.

The events are spread throughout the day and are free and open to the public.

To find a full schedule of events, visit the NWACC Spring Arts & Culture Festival Facebook page.

**Art Club Meetings**

The Art Club meets at noon every second Thursday of the month in the Student Cafe area.

**Health Information Info Sessions Set**

Health Information Management instructors encourage students applying to or interested in the program to attend an information session. The session is from 9-11 a.m. March 6 at the Center for Health Professions in room 3012. Feel free to bring guests, but please, no young children. No appointment is necessary; however, if you want optimal seating, plan to arrive a few

**CORRECTIONS**

Corrections shall be made in print and online in the event of an error of fact. No content should be amended without the knowledge of the editor-in-chief after it has been published.

Eagle View does not remove content from [www.nwacc.edu/academicdivisions/commart/studentnewspaper/default.aspx](http://www.nwacc.edu/academicdivisions/commart/studentnewspaper/default.aspx) at the behest of a source under any circumstances.

In the case of factual error in a print story, a correction will be run in the next issue after the error is discovered. Any corrections to facts in an online story will be made

immediately, with an editor's note marking the date and the nature of the correction. Small grammatical errors may be updated without an editor's note.



# Letters to the Editor

## WHAT IS IT ABOUT LOVE?

**Dear Editor,**  
Love nowadays is a concept that is taken very lightly. Society went from courting the proper way to sending a quick text message asking if they wanted to hang. What happened to the excitement and nervousness about love? The term "love" gets thrown around so loosely now that I feel as if our generation has forgotten what love is? Love isn't where you feel butterflies with someone. Love is feeling secure and safe,

knowing that when you need that person they will be there for you.  
Love isn't only just a romantic love but it can also be love between friends or family. In the article Love by Erica Yaeger, I read it talked about how love is only a complex emotional state that can be used to describe relationships between family members, friends, or romantic partners. Love can come in different shapes and forms. Some can show love a different way than others.

There are times when young adults feel pressured to find the perfect partner before a certain age they often forget to actually fall in love. Getting to know someone and getting to know their likes and dislikes, allows you to see if you truly want to spend the rest of your life with them. Getting to know them but also their family as well. You want to be able to connect with your partner's family too. Love is such a big commitment that most do not take serious any-

more, and that's why we see divorce rates go so high now in days. In an article I once read, it describes that the reason divorce rates are so high now is because young folks tend to rush into things instead of taking time to really, actually, and truly fall in love with someone.  
Love is such a beautiful thing we often take for granted. Love should be shared and given.  
Sincerely,  
**Debanni Ramirez**  
*Political Science.*

## K-POP: DONT MISS OUT

**Dear Editor,**  
Have you ever heard a song that got stuck in your head that was unexpected? For me, that song happened to be "Danger" by BTS. I never listened to Korean pop (K-pop). I remember being tired of "Gangnam Style" by Psy. Every news outlet went crazy when Psy's song came out, and they said it was K-pop. Ever since then, I avoided it.

Little did everyone know, we were missing out. I wish people listened to K-pop without prejudice. I gave it a listen one day, and I instantly started liking it. The choreography blew me away.

Five seconds after the song ended, I was singing a phrase "You're in danger. Why do you test me? Don't make me confused," in Korean. It was so weird and new to me since I only listened to underground rap music at that time. For example, I listened to XXXTENTACION and

Xavier Wulf before they even blew up. K-pop artists are different from American artists. They keep a clean image and always provide content for their fans. After fully researching BTS, I found out that they write and produce their own music. Namjoon Kim (RM), Yoongi Min (Suga), and Hoseok Jung (J-Hope) do most of the producing and songwriting for their music although the others do to.

K-pop would be widely accepted if people listened to it without prejudice. It is really good. I recommend listening to "The 7th Sense" by NCT U, "MIC Drop" by BTS, "Moonchild" by RM, "Simon Says" by NCT 127, and "V" by Jay Park. Just because you don't understand the lyrics, doesn't mean it's not good!  
Sincerely,  
**Yarendi Malagon**  
*Associates of Applied Science in Graphic Design.*

## SOME HEALTH COMES FROM THE SUN

**Dear, Editor,**  
What is the main problem with the current generation? Why don't kids go outside like we did? Technology is the answer. They are always inside on their phone or watching tv. That's ok to do on a rainy day but according to Rachel Nall, RN, BSN, CCRN, and Timothy J. Legg, PhD, CRNP, when the body isn't exposed to the yellow ball

in the sky called the sun it becomes unable to release hormones called serotonin. Which is linked to boosting your mood and helps you focus and stay calm. If you think about it every time you go outside and do some kind of activity for a prolonged period of time you become tired because the sun is known to drain your energy. The sun is a direct source of vitamins that are essential to

your health. Skin cancer is linked to overexposure of sunlight and radiation. The likelihood that you will get cancer in a few hours outside a week is slim to none. Skin cancer is genetic and has been linked to tanning beds so think of all the things you can do outside that you can't do indoors. To you drivers out there, roll down your windows on a warm

sunny day. To you couch potato's and phone addicts just lay outside and watch your show even if you aren't moving you need that giant tennis ball to survive and live a happy and healthy life. Go outside and have fun or stay inside and be sad while your friends go outside and have fun without you.  
Sincerely,  
**Brendan Lane**  
*Criminal Justice.*

## IMPORTANCE OF POSITIVE THINKING

**Dear Editor,**  
People throughout the United States struggle every single day to be happy or have a positive outlook on life. The life that has been put before all of us is not easy, so waking up every morning to do the same thing every day can be a challenge.  
I would like to encourage the world to think in a more positive way. Although it might seem impractical, a consistent positive attitude can flip a person's life upside down. Research has shown that thinking in a positive way creates a more positive

environment for others, it helps expand awareness throughout the day, and it makes people mentally and physically healthier! In an article by Remez Sasson, he states that, "A person with positive thinking mentality anticipates happiness, health and success, and believes that he or she can overcome any obstacle and difficulty." Even though it can be extremely challenging, getting into the habit of thinking positively creates habit of confidence and success. As we all know, it is completely normal to

wake up and simply not have the world working towards you. Rather than focusing on how your day is going down the drain, focus on how your day is growing. Some questions to ask yourself could be, what did I learn today and how is it making me a better person? Despite of all the bad, how might I grow from this experience? A new outlook can change everything in a person's life.  
Sincerely,  
**Ellie Groeber**  
*Unknown major.*

## WORKOUTS DEFUSE DEPRESSION

**Dear Editor,**  
According to the ADA, anxiety disorders are the most common mental illness. With this being said, there are many wondering what's the best ways to cope. In Amy Clover's article "Why I Need fitness to fight my depression." She states how fitness has an abundance of benefits. I wholeheartedly agree about the amazing benefits of fitness. The most impacting benefit I have with fitness is with my depression.  
At times I feel as if people are too shy to speak out about if they have struggles with depression, including me. It sometimes

gets really rough to where I just don't even want to leave my room. I stay up there for days only leaving to get food or help my family when asked to. I have to remind myself to stop this type of behavior and look for a solution. The best solution for me was fitness.  
The hardest part to my solution is simply just choosing to get out there and workout. Fitness allows me to just escape reality and the world stays still for that period. I'm not thinking about what's upsetting me, what the future holds, how I've messed up, or anything that stresses me. All I'm focused on is how

far I can possibly push myself. It almost feels like I'm sweating out all the negativity or I'm lifting all my problems off of my shoulders instead of weights.  
After workouts I almost feel like I'm a completely new person. As if I got some magic shot that cured this mental turmoil. I constantly have to tell myself to keep on going when I work out and that reminds me to use that in everyday things as well. I've had the hardest of days and when I think nothing could turn this day around, fitness does.  
Sincerely,  
**Ben Bloye**  
*Undecided.*

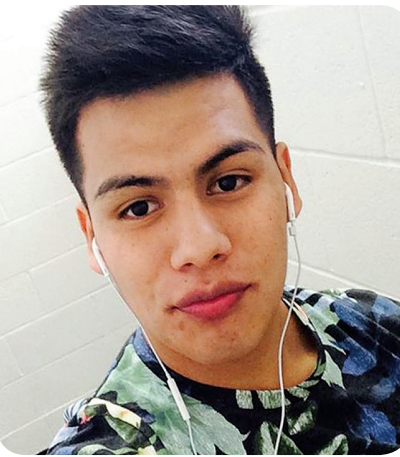
## ARE YOU INVOLVED IN, OR AWARE OF THE CLUBS AT NWACC? IF SO, SHARE PERSONAL EXPERIENCE ABOUT IT.



There're many clubs at NWACC and I can't mention how many that I have heard of or come across. One of the clubs I'm aware of is SAGA. As a political science major, I attended a Freedom Speech Panel where I met the members of SAGA in their logoed shirts. It takes time for clubs to be known everywhere in school but through food/snacks, it is a better way to sell out your clubs. Also, clubs unite students together with other students and faculty building confidence in one another which helps in learning.  
**Kathryn Royal,**  
**Political Science.**



Geek Club is whole fun for me. I found out about it when I joined NWACC during clubs' fair at the beginning of the semester. Geek Club has been involved in fundraising activities and other clubs' activities on campus. Also, as a member, I've enjoyed meeting people with different interests, playing and sharing new games, and all that students love to do for fun. The club involves random lectures from different speakers which is another nice way to learn and be good in public speaking.  
**Keiana McCoy,**  
**Culinary.**



This is not my first semester here at NWACC and I'm not in any club. I think it is because of my schedule and work and hoping to not get into traffics after my classes. Therefore, I hadn't had time to think about joining any of the clubs. However, from reading the Eagle View newspaper once in a while, I knew a little about clubs, specifically on the Club Fair issue from September/October. Being out there helping students is a nicer way clubs are working to keep students around for better good.  
**Manuel Araujo,**  
**Construction and Technology.**



I was part of International Club when I joined SAGA. We were for International Students only but I wanted to help most students on campus not international students only. Joining SAGA was part of the solution. With other the dedicated team membership in SAGA it has been encouraging and educating. We encourage students and help them know what to do in coordination with the NWACC faculty members. Some students find it easy to talk to the SAGA members(students) than to the staff about some issues. We, therefore, are the bridge that connects students and faculties on campus. 'SAGA is not the campus. But, SAGA is helping the campus.'-Haattie, SAGA.  
**Arivanandan Annamalai,**  
**Nursing.**

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**Editor's Note**  
Comments may be edited for clarity.

## Eagle View Wants To Hear From You!

### How To Submit Letters To The Editor

To submit a letter to the editor, go to the NWACC website at [www.nwacc.edu](http://www.nwacc.edu). Click 'Current students' tab, look under 'Student Opportunities' heading, click 'Student Newspaper' and then click the 'Letters to the Editor' tab. Letters should be 300 words or less and must be signed with author's name, relationship to college (student, faculty, staff) and department.  
The Eagle View reserves the right to edit letters for libel, clarity and space constraints. Anonymous letters will not be published. Letters do not reflect the views of the Eagle View newspaper or NorthWest Arkansas Community College.

What Do the Eagles Say



# SACF SPRING ARTS & CULTURE FESTIVAL

March 4-7, 2019

2019 Theme: HOME

## MONDAY, MARCH 4

9:00-10:15 White Auditorium, Burns Hall, NWACC  
**NWA Spoken Word Poets**  
SACF will open with a spoken word poetry event featuring four local poets: Noelia Young, Molly Sroges, Stephen Coger, and Mackenzie Doss. The poets will explore SACF theme of Home using spoken word, which is an engaging, dynamic, performance-based art.

10:30-11:45 White Auditorium, Burns Hall, NWACC  
**Encounters at the Crossroads**  
Eighty-five years ago, workmen at the famous Rockefeller Center in New York destroyed a massive artwork before the public had a chance to see it. The piece, "Man at the Crossroads" by Diego Rivera, depicted scenes of contemporary culture, society, and science, but it caused so much controversy and bad publicity that Rivera was not allowed to finish the piece. Join several NWACC faculty members for an inter-disciplinary examination of this artwork, exploring it from artistic, historical, psychological, business, and literary perspectives. This panel includes the following NWACC professors: Bryan Aguiar, Sevin Gallo, Jim Laughton, Megan Looney, and Deirdre Slavik.

12:00-1:15 White Auditorium, Burns Hall, NWACC  
**The Philosophy of Home** Three NWACC philosophy professors -- Doug Krueger, Don Merrell, Thomas Herrnstein -- explore what the millennia old practice of philosophy has to say and the questions it raises about this year's theme of home.

1:30-2:45 White Auditorium, Burns Hall, NWACC  
**An Adjustment to Circumstances: Life in the Rural Arkansas Ozarks, 1850s-1950s.**  
Using historic images from the Shiloh Museum of Ozark History photograph collection, this program will explore the lives of "everyday" Ozark folks. These issues will be explored by Susan Young, outreach coordinator at the Shiloh Museum of Ozark History in Springdale, Arkansas.

3:00-4:15 White Auditorium, Burns Hall, NWACC  
**Putting down roots; Tallgrass Prairies and our Natural Heritage**  
Over 75,000 acres of tallgrass grass prairies and savannas once graced the landscape in Northwest Arkansas. Today, fewer than 200 acres of prairie are protected in Benton County. Savannas are even more unusual. NWACC is home to about 12 acres of relatively undisturbed post-oak savanna, located north of the Center for Health Professions along Water Tower Road. The Arkansas Natural Heritage Commission, the state agency charged with the protection and stewardship of natural areas in the state, has partnered with NWACC to restore and protect this unusual ecosystem. Former NWACC Biology Professor Ellen Turner will help us examine these issues.



Courtesy of neitherwolfnordogfilm.com

4:30-6:30 White Auditorium, Burns Hall, NWACC  
**Neither Wolf nor Dog film screening**  
The film "Neither Wolf nor Dog," based on the award-winning novel by Kent Nerburn and stars Lakota elder Dave Bald Eagle, tells the story of a Lakota elder who sucks a white author into a road trip through the Dakotas to open the author's eyes to the elder's experience and perspective on the world.

7:00-8:30 21c Hotel, downtown Bentonville  
**An Artist at Home talk**  
Gaela Erwin -- an artist from Louisville, Kentucky -- reflects on home as space of family interactions through her works of self and family portraits.

## TUESDAY, MARCH 5

9:00-10:15 White Auditorium, Burns Hall, NWACC  
**Sustainable and Ethical Products and Business Practices**  
This panel discussion will discuss sustainable business practices in general and sustainable logistics in particular. We will discuss the efforts companies make to be more green while trying to keep costs down as much as possible, as well as how companies like Walmart provide products at a low price and low carbon footprint at the same time. Panelists include David Graham Hyatt (UA Professor), John Knight (Director of Operations for the KCS Railroad), Stuart Townsley (Schneider National), Jerrod Mounce (JB Hunt).



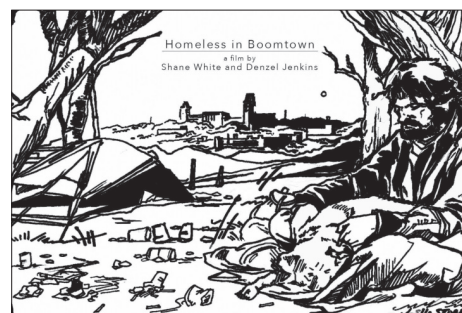
Courtesy of Rogers Co. Cherokee Association

10:30-11:45 White Auditorium, Burns Hall, NWACC  
**A Native American's Home**  
Robert Lewis -- an internationally-renowned storyteller and author of Cherokee, Navaho, and Apache descent -- will tell stories of what makes a Native American home special and different from others that you might find throughout the US.

12:00-1:15 White Auditorium, Burns Hall, NWACC  
**Economic Precarity of College Students**  
This panel will paint an economic picture of northwest Arkansas and other structural realities that shape the economic experience for college students in the Northwest Arkansas. Panelists include Walter Hinojosa, Political Science Faculty; Janet Dodd, Sociology Faculty; Nithin Lakshmana, Librarian and head of Open Educational Resources Task Force; Kimberly Kay, Student Ambassador and Government Representative.

1:30-2:45 White Auditorium, Burns Hall, NWACC  
**We Wear the Mask: A Consideration of Black Uses of Space for Survival**  
This talk by Raven Cook, a museum educator and African American historian, will examine how African Americans battled double consciousness by creating and using physical and emotional spaces to move the community forward.

3:00-5:00 White Auditorium, Burns Hall, NWACC  
**Homeless in Boomtown; Documentary & Discussion**  
Please join us for a showing of the documentary "Homeless in Boomtown" followed by a panel discussion on the homeless situation here in Northwest Arkansas. Hosted by Adjunct Professor Terry Phillips, panelists will be Denzel Jenkins and Shane White who produced and directed the documentary, Solomon Burchfield, Director of Operations for 7hills Homeless Center in Fayetteville, and Debbie Rambo, Executive Director of Samaritan Community Center in Rogers. Please join us for an incredible film followed by an invaluable discussion about what we can and should do about the homeless situation in our area. And as is true of all of Professor Phillips' panels, you the audience will be an invaluable 6th panelist providing insight, perspectives, comments and discussion to address this emotional public issue.



Courtesy of homelessinboomtown.weebly.com

## WEDNESDAY, MARCH 6

9:00-10:15 White Auditorium, Burns Hall, NWACC  
**The Sound of Home**  
Three talented and hard-working NWACC students—Hallie Bowman, Ricky Pack, and Katherine Caceres--share podcast episodes created during the fall semester in this interactive session that asks audience members to consider different aspects of the theme "home," the power of creativity, and the power of voice.

10:30-11:45 White Auditorium, Burns Hall, NWACC  
**LatinX Theatre Performance**  
The LatinX Theatre Project incorporates rap, music, comedy, and drama into their performances. They promote literacy, performing art, and other projects that focus on giving a voice to the Latin American community in Northwest Arkansas. They are committed to continuing an inclusive conversation about community identity and cohesion.

12:00-1:15 White Auditorium, Burns Hall, NWACC  
**The Difficulties of Making Home**  
Several NWACC students -- who have Deferred Action for Childhood Arrival (DACA) status that tenuously protects them from deportation -- share their stories, travails, triumphs, fears, and hopes growing up in the US and their ability to be part of the American dream.

1:30-2:45 White Auditorium, Burns Hall, NWACC  
**Life on the Northwest Arkansas Homefront in the Civil War & Later**  
This event will include three presentations. Karen Colwell, NWACC student, will present "On the Home Front: Affectionate Letters that Bound a Mother and Son and the War that Separated Them"; Jerry Moore, NWACC Sociology Professor, will present "My Scott County Roots"; and Chris Huggard, NWACC Professor of History, will present "On Pea Ridge: Civil War & Farmsteads".

3:00-4:15 White Auditorium, Burns Hall, NWACC  
**Being at Home in Your Own Skin**  
We reside in a beautiful array of shapes, sizes, and shades—yet many of us struggle to maintain a healthy body image. Through gentle yoga stretches, breathing exercises, and meditation techniques, yoga teacher Rachel Ackerman will guide participants on a relaxing journey to quiet the inner critic and nurture mindfulness, gratitude, and body positivity. If you wish to lie down during some of the exercises (recommended), wear comfortable clothes and bring a yoga mat, pillow, or blanket. Participants are also welcome to come as they are; the only requirement is to show up with an open mind. Chairs will be available for those who prefer to sit.

4:30-5:45 White Auditorium, Burns Hall, NWACC  
**Smart Homes! Vulnerable or Versatile**  
The Internet of Things is a vast network of smart objects that include everything from automobiles to refrigerators. We will explore how IoT has an impact on the home. Are these devices saving us money, time and energy? Are there privacy and security concerns consumers may be over looking? This panel, moderated by NWACC CIS Professor Kim Bertschy, will address these questions and more.

6:00 White Auditorium, Burns Hall, NWACC  
**Women Building in the HOME Region**  
Dynamic women from the NWA National Association of Women in Construction (NAWIC) will share their experiences as female leaders in the rapidly developing Northwest Arkansas Home Region. Project Managers, Project Engineers, Surveyors, Estimators, Business Developers and others will share what it's like to construct their "home town", as they will likewise educate the audience about the many nontraditional, lucrative and fulfilling careers for women in the Construction Industry. This workforce panel will be moderated by Cori Miller.

## THURSDAY, MARCH 7

9:00-10:15 White Auditorium, Burns Hall, NWACC  
**Pride Voices: Out in NWA**  
LGBTQ+ people share experiences of living out in Northwest Arkansas. Hosted by Pride At NWACC #beyouwithus



10:30-11:45 White Auditorium, Burns Hall, NWACC  
**Osage Murders**  
A roundtable of faculty and students will examine the 1920 murders in Osage County, Oklahoma that were motivated by oil extractions and brought about the birth of the FBI. This roundtable will include NWACC History Professor Chris Huggard, NWACC English Professor Jim Laughton, NWACC graduate Connor Lockaby, D'Etta Stephens-Mason (Native American Studies student).

12:00-1:15 White Auditorium, Burns Hall, NWACC  
**Religion Panel**  
Adjunct Professor Terry Phillips will host a panel of local religious representatives discussing issues that involve the presence of religion in the home and beyond. Topics such as the separation of Church and State, immigration, wealth inequality, taxation unfairness, ethical and moral decisions associated with religion, and other relevant and timely issues that affect all of us in our daily lives will be up for discussion. Representatives from Muslim, Jewish, Catholic, Protestant, and Mormon religions will be on the panel. Panelists will be Shawn Wallace, Sr. Pastor, First Christian Church (Disciples of Christ); Father David LeSieur; Cynthia Douthit, Director, Jewish Christian Studies Center; Imam Feroz Ahmad Hundal; and Alan Gauldin from the Church of Jesus Christ of the Latter Day Saints. In addition, the audience will be the 6th panelist contributing questions, comments and discussion that will make this presentation an informative, enlightening and truly enjoyable experience for everyone.

1:30-2:45 White Auditorium, Burns Hall, NWACC  
**Artist Panel**  
From their artistic and life experience, their identity standpoint, and their place in the world, several renowned Arkansas artists reflect on home through their work and within their communities. This panel will include Arkansas artists Perrion Hurd, Eris, and Matthew Castellano.

3:00-4:15 White Auditorium, Burns Hall, NWACC  
**Cooperation and Conflict in the Syrian Diaspora's Pursuit of Transitional Justice**  
Dr. Eric Wiebelhaus-Brahm discusses the role and ability of the Syrian diaspora to end the brutal crackdown against pro-democracy protests in their home country. Drawing upon interviews over the past four years with Syrian justice activists and non-diaspora activists with whom they have collaborated, he examines why diaspora groups have presented their justice demands in a fragmented manner, why their activism has been limited, and how their strategies have shifted over tie. Dr. Brahm is an Associate Professor and Middle Eastern Studies Coordinator at the University of Arkansas at Little Rock.

7:00 Bike Rack Brewing, Eighth Street Market  
**Bike Rack Concert**  
Concert with Rockhoppers (AR Arts Academy band) and Bike Rack Records artists



Faculty/Staff Spotlight

# Bland Last Name, Not so Bland Personality

Devante Maurice  
Staff Writer

There's a room in the Center for Health Professions building where it's Halloween all year round with creepy skulls and fierce crows decorating an office.

"I've always been into weird stuff," said Nursing Administrative Assistant Terry Bland.

She collects odd things and has a story for each one she owns. In her office stands a life-size skeleton.

"The skeleton does not have a name," she said. "I like to dress him according to new holidays."

Her fellow co-workers call her office 'the bone-yard.'

Bland also has a skull on her desk named Evelyn. As soon as Bland was presented the skull by the nursing staff, she knew exactly what she was going to name her.

"She is my proudest possession," Bland said.

She said it isn't unusual for random people to ask her if she is a witch or if she has performed witchcraft. She said she has not; but who knows what the future may bring.

Bland also collects sword canes, wind-up toys, knives



Photo by Devante Maurice  
The nameless skeleton in Terry Bland's office announces the holidays for all who wish to know.

and whips. In addition, Bland said she used to be involved with stick fighting. She said she used to throw knives and her husband even drew a body shape on her knife throwing target.

Bland is a Nursing Administrative Assistant in the CHP building at NWACC.

Jewell Parnell  
Staff Writer

The NorthWest Arkansas Community College Food Pantry is in need of donations following an increased demand for assistance, according to a news release from the college's marketing department.

The quickly emptying shelves was caused by the recent 34-day government shutdown which caused an increase in food requests from the pantry.

The NWACC Food Pantry is supported by donations and has provided aid to hundreds of students and faculty members since opening in 2015.

According to the pantry managers, the items they need include: protein items such as canned chicken, tuna, ham, beef and peanut butter; jelly, macaroni and cheese, pasta and other canned items including ravioli, soup and fruit.

After receiving an expansion grant from the Northwest Arkansas Food Bank, the NWACC Food Pantry was able to purchase a refrigerator and freezer to welcome fresh produce, dairy and frozen donated items as well.

Becky Hudson, director of Student Life, said students must complete a one-time application for assistance

# Food Pantry Needs Donations



File photo by Hillary Hollis  
Food Pantry Managers Zachary Tyler Laird, left, and Fuxing Do, pose Sept. 11, 2015, in front of the stocked shelves of NWACC's new food pantry in room 104 of the Student Center.

and each time after, they must submit a food pantry distribution request form, according to an article in the December 2017 issue of the Eagle View newspaper.

The deadline for the distribution form is the Monday of distribution week by 3 p.m. These applications may be picked up at the Student Information Center or the Office of Student Life in room 225H in the Becky Paneitz Student Center.

Food and money donations may be dropped off Monday through Thursday from

8 a.m. to 4:30 p.m. and Friday from 8 a.m. to 4 p.m. at the Student Information Center in the Student Center.

Distributions are made every two weeks and more

often during the holiday season.

For more information, email [SIC@nwacc.edu](mailto:SIC@nwacc.edu) or Hudson at [rhudson1@nwacc.edu](mailto:rhudson1@nwacc.edu).

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## Single Parent Scholarship Fund of NORTHWEST ARKANSAS

CARROLL, MADISON, WASHINGTON COUNTIES

Single Parent Scholarship Fund of NWA helps single parents complete their education. With scholarships and support, a brighter future is right around the corner for you and your family.

The next deadline to apply is March 15th.

[www.SingleParentScholarshipFundNWA.org](http://www.SingleParentScholarshipFundNWA.org)

## Graphic Designer Needed

The Eagle View needs someone to create ads to grab the attention of its readers. Graphic design majors are encouraged to apply. Duties include building newspaper pages, house ads and retail ads. Need to know Adobe InDesign and Photoshop. The position is voluntary but is a great portfolio builder.

Contact the Editor-In-Chief at [eagleview@nwacc.edu](mailto:eagleview@nwacc.edu)  
479-986-4016  
Eagle View Newsroom Burns Hall 1459

**SHE SNORES MORE THAN I DO, BUT I STILL LOVE MY HUMAN.**

-BANDIT adopted 11-26-09

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# Campus Activities Keep Students Busy



Eddie the Eagle puts a second place medal for Ping Pong on Charles Jones, education major, in the Student Center hallway during the Eagle Games on Feb. 20.  
Photo by Shyrl Reynolds



Photo by Shyrl Reynolds

Sean Moriarty, environmental science major, prepares to return the ball and Matt Holcomb, science major, waits. Petter Thao, kinesiology major, watches during the Eagle Games on Feb. 20 in the Student Center Game Room.



Photo by Shyrl Reynolds

Josh Hingoo, hospitality major, middle, and Gabe Clements, engineering major, close right, line up their shots Feb. 20 during the Eagle Games.



Photo by Shyrl Reynolds

SAGA secretary Josue Avelar, right, gives student William Tradewell, left, a slice of pizza during Pizza with the President on Feb. 6 in Burns Hall.



Photo by Shyrl Reynolds

NWACC student Vicky Calderon, left, a medical studies major, shakes hands with NWACC President Evelyn Jorgenson during Pizza with the President on Feb. 6.

## SAGA Hosts with Hearts



Photo by Shyrl Reynolds

An NWACC staff member shows off her Valentine cookie with Eddie the Eagle on Feb. 14 during the free event, hosted by the NWACC Student Ambassador and Government Association.



Photo by Shyrl Reynolds

Student Susie Clayburg, left, and two other students, decorate Valentine cookies during SAGA's free Valentine's cookie decorating event Feb. 14 in the Student Center.



# More Campus Activities Keep Students Busy



### Chinese New Year Food Fundraiser

At left, Citizens of the World at NWACC members Rodrigo Aliva, left, Josh Hingoo, Wing Chow (UAFS), third from left, and Victoria Chen, right, serve students during the 2019 Chinese New Year food fundraiser event on Feb. 13. Below, Lou Lo, club advisor, assists club member, Josh Hingoo, right, with serving during the Chinese Food Fundraiser Feb. 13



Photos by Shyrl Reynolds

### Tinker v. Des Moines (1969)

Eagle View staff members and friends wear black armbands on Feb. 22. From left to right standing is Managing Editor Juma Fredrick, mechanical engineering major, Mattie Bailey, Eagle View lab supervisor, and Nathan Bailey, unknown major; seated from left to right, Keiana McCoy, culinary major, Keegan Smith, graphic design major, Heaven Raines, nursing major, and Heather Hodge, business major. Why the armbands? On Feb. 24, 1969, the U.S. Supreme Court decided Mary Beth Tinker, her brother, John, and other student had the right to wear arm bands imprinted with the peace signs to school in protest of the Vietnam war. For more information, visit [tinkertourusa.org](http://tinkertourusa.org).

Photo by Georges Tientcheu



### Gamma Beta Phi Annual Valentine's Fundraiser

Students, faculty, and staff enjoy a sweet treat Feb. 13 and 14. At left, people line up to pick up their orders for their special person. Above, Gamma Beta Phi is ready to help people with any last minute purchases with their annual Valentine's Day flowers and gifts sale.

Photos by Shyrl Reynolds

### Jam Session Night Brought to you by the Music Club

Below (From left) Sergio Iriarte, Freda Goodman, Maria Vogles, Josh Hingoo, Josh and Jordan Hingoo, Natasha Uribe, Daniel Gibbon, Teresa Murillo, Morgan Varble(right end) and Jeremiah Griffin(seated) during Jam Session in the SC on Friday night February 22, 2019 at NWACC.

Photos by Juma Fredrick



Above, Maria Vogle, left, and Morgan Varble play piano during the Jam Session. At right, Morgan Varble (far right), Jeremiah Griffin, second from right, Sergio Iriarte (in the back), Teresa Murillo, fourth from right, (in red), and Josh Hingoo (far left) play guitar chords during the Music Jam Session. They also played songs by Griffin, the voice instructor at NWACC.





# Eagle View Reader Poll

We want to hear from you. Mark your answer, then cut this graphic out and turn it in to the Eagle View newsroom in Burns

Hall room 1459, or email your answer to eagleview@nwacc.edu. The results will be in next month's Eagle View.

EAGLE VIEW READER POLL:

DO YOU PARTICIPATE IN A NWACC ACTIVITY, CLUB, ORGANIZATION, OR PROJECT?

YES       NO

IF SO WHICH ACTIVITY, CLUB, ORGANIZATION, OR PROJECT?

## Students Investigate NWACC Clubs



Photos by Samantha McClain

Above, Rodely Liberus, left, a business management major, listens Jan. 22 to Petter Thao, right, a Kinesiology major, talk about the benefits of joining the Hmong Culture Club during the Club Fair in the Student Center. Below, NWACC students stop by the IntersVarsity Christian Fellowship table Jan. 22 and talk with club member Micah Natindad, center, during the Clubs Fair in the Student Center.



## Welcome Back Days Greet Students



Above at left, SAGA Vice President Kat Leis, greets students Jan. 16, during Welcome Back Days in the lobby of the Student Center. Above, SAGA Secretary Josue Avelar answers questions from a student while Maria Martinez looks on. At far left, Arkansas Air National Guard representatives set up their table at Welcome Back Days. At left, Vince Kepford, left, speaks to a student Jan. 16 about the volunteer opportunities available with the local chapters of the Christian Motorcycle Association. Kepford is a member of Lifeline Riders out of Fayetteville. Photos by Tristen Pierson

“ EVERY MORNING MY HUMAN SHAVES OFF HIS FACE FUR, HE’S FUNNY LIKE THAT. ”

—TUCK adopted 05-04-11

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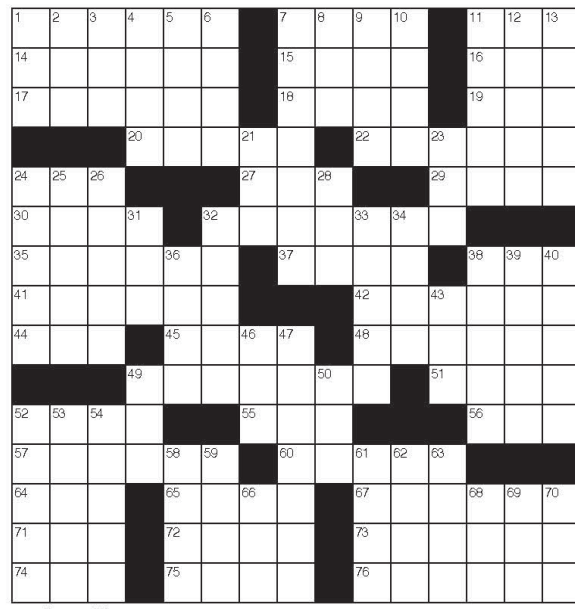


# Bewildering Times

by Joeun Seo



# Crossword Puzzle



**ACROSS**

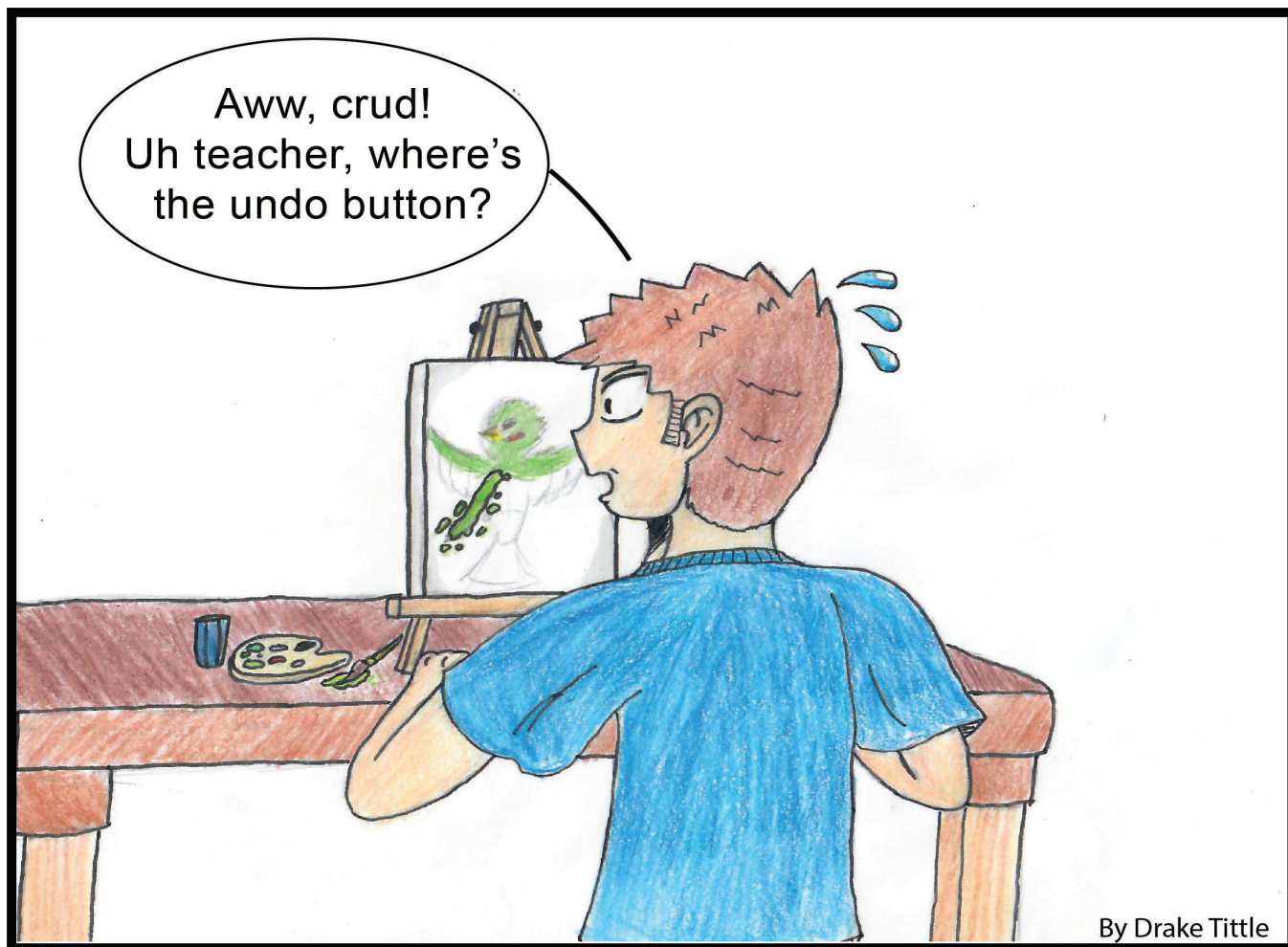
- 1 Beliefs
- 7 Small town
- 11 Fast plane
- 14 Storehouse for weapons
- 15 Agape
- 16 Spanish "one"
- 17 Small part
- 18 U.S. Department of Agriculture
- 19 North northwest
- 20 Water nymph
- 22 Sculpture
- 24 Query
- 27 Female deer
- 29 Type of boat
- 30 Sand pile
- 32 Star locator
- 35 Breakfast egg
- 37 Ancien German character
- 38 American College of Physicians (abbr.)
- 41 Dance
- 42 Ice hanging from roofs

**DOWN**

- 44 Halloween mo.
- 45 Green citrus fruit
- 48 Doubting \_\_
- 49 Rises
- 51 Nape
- 52 Insane
- 55 No
- 56 Welkin
- 57 Mountain lion
- 60 Pepper plant
- 64 Be
- 65 Monk's hood
- 67 Reviser
- 71 Distress call
- 72 Elm
- 73 Docket
- 74 East northeast
- 75 Compass point
- 76 Method

- 5 Opera solo
- 6 GS
- 7 Private sitting room
- 8 United Parcel Service
- 9 Cincinnati baseball team
- 10 Tiny insect
- 11 Governing group
- 12 Listlessness
- 13 After shower need
- 21 Tool
- 23 Tree
- 24 Philippine dish with marinated chicken or pork
- 25 Wood
- 26 Assumed the proposal position
- 28 Flightless bird
- 31 Annex
- 32 Loft
- 33 Dimensions
- 34 Technical
- 36 Snaky fish
- 38 Peaks
- 39 Clatter
- 40 Irritating
- 43 Charged particle
- 46 Males
- 47 Renders able
- 49 Official canine registry (abbr.)
- 50 Tinge
- 52 Degrade
- 53 Idiot
- 54 Overly fat
- 58 Parts of plays
- 59 Ripped up
- 61 What Celestial Seasonings makes
- 62 Nervous
- 63 Fish stories
- 66 Net
- 68 Explosive
- 69 Lyric poem
- 70 Ewe's mate

## INFINITE IMMATURITY



# Sudoku

Livewire Puzzles [www.puzzles.ca](http://www.puzzles.ca)

The Rules: Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9. Answers will be published in March/April's issue.

Difficulty: Medium

		4	8					
			2		8			
			3					
5	6	3	7		1			
	8				5		4	
		9			7			
2		1	4		3			
	1	5			2			
		6		9				

Difficulty: Hard

5	6	1						
	8	4		1		5		
				6		1		
	1			2			3	
		7	4			2	9	
	5						4	
6	5		1			7		
						4	2	
			8	4				5

Do you like the new school website?

No Yes

20.0%

80.0%

## Poll Results:

Answers submitted via newspaper and website at [www.nwacceagleview.com](http://www.nwacceagleview.com)

Have an idea for a Reader Poll question? Email it in to the EIC at [eagleview@nwacc.edu](mailto:eagleview@nwacc.edu).

**(A) Go ask your mother.**  
**(B) Because I said so.**  
**(C) We'll see.**

There are no perfect answers in parenting.

AdoptUSKids.org

Solution for Jan./Feb. medium Sudoku Puzzle

9	5	2	3	4	1	8	7	6
6	8	1	7	2	9	3	4	5
4	3	7	6	9	8	5	1	2
7	6	4	2	5	9	8	1	3
3	2	6	9	1	5	7	4	8
8	4	7	1	5	6	2	7	3
5	8	1	7	2	3	4	6	9
7	2	4	5	6	9	1	3	8
1	8	9	3	6	5	7	2	4
2	6	8	4	7	1	5	9	3
5	4	7	1	8	6	2	9	3

Solution for Jan./Feb. hard Sudoku Puzzle

3	2	8	6	1	4	9	7	5
6	9	7	2	5	3	8	1	4
4	1	5	8	7	9	3	6	2
7	8	9	5	6	1	2	4	3
2	6	4	3	6	9	8	7	1
5	3	1	7	4	2	6	9	8
9	5	2	4	3	6	1	8	7
8	7	6	1	2	5	4	3	9
1	4	3	6	8	7	5	2	9

Answers to the Crossword puzzle and the Sudoku puzzles will be published in next month's issue, February/March 2019.

Follow us on [@nwacceagleview](https://twitter.com/nwacceagleview)

**Look! 4 corners!**

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# It Does Have Something to Do with You

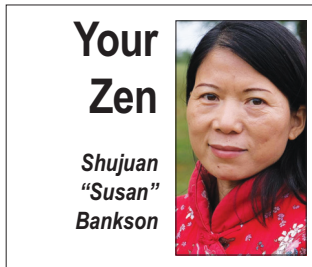
## Helping Others When They are in Need Fills You with Feeling of Satisfaction

It was almost time to go home, when my colleague, Tom, who had been to a meeting in the nearby city, came back. I saw his face was pale, so, I asked him what was wrong. He said, "I twisted my backbone again, today is Friday and my chiropractor is off duty, which means I have to suffer for at least two days and three nights."

Tom is a warm-hearted person and he is a big brother to all of us in our department. I heard that when he was studying in college, he went to school during the day, and worked part-time at night. His job was to unload the heavy things, and he had twisted his back at this job. At that time, he was young, vigorous, did not take good care of his spine and did not realize until later he had a long-standing problem with his lower back. Each time he needed to lift something heavy, his co-workers would scramble to help him so as to help him avoid another back problem, even though Tom tried to be brave.

This time I wanted to take the opportunity to remind him. I said, "Tom, there are plenty of people in the office who can carry heavy objects, so please do not feel you always have to be the one to move them. Everyone understands that you have a back problem; you are a mentor for us, no one wants to see you hurt yourself."

Tom said, "I wasn't in the office this time. I was helping someone on the farm trail on my way back to the office." When our co-workers heard that Tom



Your Zen

Shujuan "Susan" Bankson

had saved someone, they quickly came together. Tom told us this story.

From Little Rock to Springdale, there are many farms, and; he knew there was a road that has one farm after another, and there are a lot of maple trees on the grass, lovely houses, quiet animals, all under the rosy clouds; the views are literally breath-taking. He got off I-49, and drove to that paradise filled with green grass, cattle, and bright leaves. A little ways down the road, a blue car sped down the path between farms on the right. He continued to enjoy the autumn attire of nature, leisurely singing, when suddenly the car disappeared in front of him. He was just thinking how someone could be in such a hurry to pass by such beauty.

He found the blue car tumbled into the ditch by the roadside. Not knowing what the situation was, he rushed over and saw a large man stuck in the car, his face flushed, struggling inside, trying to climb out. The man stared out of the window, as if he was begging for help. Tom said no worries, no worries, he would help him. Tom knelt on his knees and pulled. It wasn't easy to pull the man out, both of them tried hard and finally he got out of the car. The man was scared and he sat down on

the grass when he got out. Tom asked him how far his house was from here, he said about half an hour; Tom told him should call his family to pick him up, and then call the trailer to get the car out. Tom asked if the man was hurt, he whispered no, but had forgot to bring his phone. Tom told him he could use his phone. After calling his family, he sat still again.

A colleague interrupted, "Are you sure he was not hurt?" Tom said he couldn't be sure of internal injuries, but didn't see any obvious injuries, just a little slow reaction time.

Tom continued with his story. When the man didn't respond, Tom reminded him to call the trailer company. The man seemed unsure as to who to call, so Tom called the trailer company. They said they could be there in forty minutes. The man told Tom he should go home and that he would be ok to wait there alone. Tom went back to the car and that's when he discovered he had twisted his back the moment he had entered the car. He had also strained his hand.

After hearing his story, everyone was sympathetic, hoping that he would stay at home for a few days over the weekend and go to see the chiropractor on Monday.

On Monday morning, I saw Tom still walking bent on the side and asked him if he had made an appointment with his chiropractor. Tom replied reluctantly, he had, but the earliest appointment would be Wednesday afternoon. We all felt sorry about that and everyone

tried to make him happy all day. Alina even offered to bring Tuesday's lunch to him. I said I would bring fried rice for his lunch on Wednesday. Other colleagues were more than happy to do some of his work.

Tom was in a much better mood, but it didn't relieve the pain in his spine. His face was pinched for a long time. The whole department felt his pain.

On Tuesday morning, Rachel ran into Tom at the door and said, "Oh, Mr. Tom Jones, are you feeling better today?" Tom said, "Oh, not at all, I just got out of my car and got a call from my chiropractor's office, saying that Dr. Landis's mother was suddenly ill. He went to Tennessee last night, and he probably won't be back until next week. His assistant asked me if I wanted to try to see Dr. Strong who had been a classmate of Dr. Landis." But I am used to Dr. Landis and I always feel so much better after seeing him. I had tried several chiropractors before, but none of them understood my body as well as Dr Landis. So, I said I wanted to wait for Dr. Landis to come back, but I couldn't bear this pain for another week.

I am the only Chinese-American in the department. If it hadn't been for so many years in the United States, I would have wondered why Tom didn't go straight to the hospital. I said, "Why don't you try the other doctor anyway? You are not comfortable now, if the new doctor is not good enough, at most you are still

uncomfortable, but what if his skills are good and he re-located your bones into correct place? Wouldn't you suffer less for a few days?"

Some of our colleagues agreed with my suggestion. Tom nodded, and we were all relieved. A colleague suggested that he call immediately to make an appointment. Tom called Dr. Strong; fortunately, Dr. Strong was ready because Dr. Landis had called him and Dr. Strong's assistant said that the earliest appointment for tomorrow had been cancelled so she can pull get him right in. Everyone was relieved again.

The next morning, Tom was his usual smiling self. Everyone was relaxed and happy. To celebrate Tom's recovery, we went out together for lunch. "I just can't figure it out," Tom said at the restaurant, "I helped that man so much and I didn't even get a word of thanks. I suffered so many days after I helped him. Someone said, 'I guess he was scared.'" Someone else said, "Hey, let go of the past, you are fine now."

Another one said, "Yeah, that's a problem. Some people just don't show their appreciation." Tom looked at me and said, "Tell me why, explain it in your Chinese Chan (Zen)." I smiled and said, "I don't want to say anything." Peter said, "Why not?" Seeing the others looking at me, I said, "I am afraid you wouldn't accept what I would say." Peter said, "Just say it, it doesn't matter whether we accept it or not."


I said, "Okay, I'll say something. You felt fulfilled

because you were able to help him." I continued, "Tom, let me ask you, what was your first thought when you saw him?" Tom said, "Hurry up to save him, of course." I said, "Right, you wanted to save him, and then you took action and he was saved." Tom agreed and I continued, "What do you think would happen if you hadn't saved him?" Tom paused for a few seconds and said, "I would have worried that what if something had happened to him, and no one had stopped to get him out." I said, "Yes, now that you know he's safe, you feel relieved. It is well worth it to suffer a few uncomfortable days in exchange for feeling such satisfaction." When Tom heard these words, he nodded. My colleagues nodded, too.

A colleague suddenly said, "Most of the time, when we help others we gain happiness." Another one said, "Yeah, even if it has nothing to do with you, you have to do something if you run into it." I said, "Right. I remember my master once said that if you run into something, even something not caused by you, or you don't even know the people there, because you see it it is linked with you, it does have something to do with you. If you leave it alone, it will bind your heart." The colleagues nodded again. Tom raised his glass said, "Well, let's be free to use our hearts." Everyone raised his glass and all the glasses touched together. I felt that everyone's heart also folded together.

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