

## STANDARD COURSE OUTLINE

### **RESP 2103                      Cardiopulmonary A & P**

**PREREQUISITE:** Admission into the Respiratory Therapy (RT) Program.

**COURSE DESCRIPTION:** This course focuses on the anatomy and physiology of the cardiopulmonary system. Emphasis will be placed on the mechanics of ventilation, acid-base balance, gas exchange and transport, ventilation-perfusion, and control of the cardiovascular system, and control of breathing.

**CREDIT HOURS:** 3 credit hours / may transfer to other respiratory therapy programs.

**TARGET AUDIENCE:** Students admitted to the RT Program.

**RESOURCE MATERIAL:** Egan's Fundamentals of Respiratory Care  
Wilkins, 8<sup>th</sup> Edition, 2003 Mosby

### **COURSE OBJECTIVES:**

Upon successful completion of this course, the student will

1. Have a comprehensive understanding of ventilation
  - A. Pulmonary mechanics  
[(NBRC Combined Examination Matrix (CEM) I-A-7-a)]
  - B. Pulmonary compliance, airways resistance, work of breathing  
(CEM I-A-7-c)
2. Have a comprehensive understanding of pulmonary gas exchange and transport
3. Have a comprehensive understanding of ventilation-perfusion relationships
4. Have a comprehensive understanding of how the cardiovascular system is controlled.
5. Have a basic understanding of how fluids and electrolytes affect the cardiovascular system
6. Have a comprehensive understanding of acid-base balance
7. Have a comprehensive understanding of the regulation of breathing
8. Have a basic understanding of the cardiopulmonary response to exercise in health, disease, and aging

## TOPICAL OUTLINE:

This course includes (but is not limited to) the following topics:

- Module 1: Ventilation
  - A. Mechanics of ventilation
  - B. Work of breathing
  - C. Distribution of ventilation
- Module 2: Gas Exchange and Transport
  - A. Diffusion
  - B. Normal variations from ideal gas exchange
  - C. Oxygen transport
  - D. Carbon dioxide transport
  - E. Abnormalities of gas exchange and transport
- Module 3: Acid-Base Balance and Regulation of Breathing
  - A. Hydrogen ion regulation
  - B. Acid excretion
  - C. Acid-base disturbances
  - D. Clinical acid-base status
  - E. Medullary respiratory center
  - F. Pontine respiratory center
  - G. Reflex control of breathing
  - H. Chemical control of breathing
  - I. Ventilatory response to exercise
  - J. Abnormal breathing patterns
  - K. Effect of carbon dioxide on cerebral blood flow
- Module 4: Control of the Cardiovascular System
  - A. Regulation of peripheral vasculature
  - B. Regulation of cardiac output
  - C. Cardiovascular control mechanisms
- Module 5: Solutions, Body Fluids, and Electrolytes
  - A. Solutions
  - B. Electrolytic activity
  - C. Body fluids and electrolytes