

NorthWest Arkansas Community College
Physical Education

PEAC 1351 BEGINNING GOLF

Catalog Description: Beginning Golf is a hands-on basic course that introduces students to the game of golf and basic concepts related to golf equipment, golf etiquette, basic rules and regulations of golf. The class format includes informal discussion of golf-related topics and practice during every class meeting. Classes are held at a local driving range where participants are given instruction on the short game and long game of golf.

Prerequisite: None

Credit Hours/Contact Hours/Load Hours: 1/1/1

Target Audience and Transfer: This class is designed for students seeking an Associate of Arts degree and as one of the two-hour requirement options in various programs. This class may transfer to the University of Arkansas as a physical education activity elective in some colleges. Students may need to petition the University of Arkansas for class credit.

General Course Outcomes: Students completing this course will be able to:

1. Identify different types of golf clubs.
2. Identify the three popular handgrips used in golf.
3. Understand proper golf club selection.
4. Identify and explain the difference between a slice and a hook.
5. Demonstrate proper use of golf clubs.

Required Text: None

Topics:

1. Introduction to beginning golf
2. Club Types
3. Hand Grips
4. Club Selection
5. Golf Shots
6. Club Usage

Required Methods of Instruction: Individual instructors may design the course in any number of ways, keeping the course objectives in mind. This class is an activity class and the main objective is to encourage active participation during each class session. Therefore the course instructor should participate, motivate, and make the class activities fun and interesting. The main body of the class will consist on instructing the students on proper golf swings and putting strokes during active participation at a local driving range.

Required Form of Assessment: This activity course is designed to encourage students to be actively involved while learning beginning golf techniques. The preferred form of assessment for this course is attendance and active participation. However, at their discretion, instructors may choose to provide quizzes and/or exams covering the topics discussed during the class.