

COURSE NUMBER AND TITLE: NURS 9404 Nursing Care Of Persons with Psychosocial Stressors

COURSE DESCRIPTION

This course is based on concepts derived from general psychology and focuses on psychosocial responses to stressors. The needs of the client coping with psychosocial stressors, mental illness and substance abuse at various points on the mental health-illness continuum are addressed utilizing the nursing process. The emphasis is on the role of the Associate Degree nurse as direct care provider, utilizing active listening skills and therapeutic communication.

The clinical component provides the student the opportunity to intervene with clients demonstrating ineffective psychosocial responses in a mental health setting and/or to interact with clients at risk for ineffective psychosocial responses in the community setting.

PREREQUISITES: MATH 1204 College Algebra *or*
MATH 1103 Survey of College Math
BIOL 2214 Anatomy and Physiology I
BIOL 2224 Anatomy and Physiology II
MBIO 2014 General Microbiology
ENGL 1013 English Composition I
ENGL 1023 English Composition II
PSYC 2003 General Psychology
PSYC 2103 Human Growth and Development
XXXX 0000 College Level Transferable Elective

NURS 9108 Fundamentals of Nursing
NURS 9203 Nursing Care of Older Adults
NURS 9206 Nursing Care of Adults I
NURS 9305 Nursing Care of Adults II

COREQUISITES: CISQ 1103 Introduction to Computer Information *or*
OFSM 1013 Keyboarding

NURS 9406 Nursing Care of Adults III

CREDIT HOURS: 4 credit hours

CLASSROOM HOURS: 3 hours per week

CLINICAL HOURS: 45 hours during semester as assigned

TARGET AUDIENCE AND TRANSFER: Students apply for and are selected for admission into the Nursing Program. While licensure as a Registered Nurse is an end-goal for some individuals, all AAS Nursing graduates are eligible to seek advanced placement towards a BSN degree at most colleges and universities.

COURSE OBJECTIVES:

Following completion of this course, the student

As a direct care provider will:

1. Compare the effects of historical and current trends and issues on psychiatric nursing practice.
2. Discuss selected psychosocial stressors by describing biopsychosocial theories of etiology, clinical manifestations and commonly used therapeutic regimens.
3. Examine the influence of sociocultural variables in the care of clients experiencing psychosocial stressors.
4. Utilize the nursing process to meet the psychosocial needs of clients experiencing psychosocial stressors.
5. Analyze therapeutic communication principles related to the care of clients with psychosocial stressors.
6. Explore and evaluate own values and feelings related to clients experiencing psychosocial stressors.
7. Establish a therapeutic relationship with the client experiencing psychosocial stressors through communication and interaction.

As a manager of client care will:

8. Describe the responsibilities of the nurse for managing a therapeutic environment in the mental health setting.

As a member within the profession of nursing will:

9. Discuss the legal and ethical issues related to clients with psychosocial stressors.

TEXTBOOKS:

1. Frisch, N. and Frisch, L. (1998). Psychiatric Mental Health Nursing. Delmar Publishers.
2. Doenges, M., Moorhouse, M. and Geissler, A. (1997). Nursing Care Plans, F.A. Davis.
3. Reiss, B. and Evans, M. (1996). Pharmacological Aspects of Nursing Care, Delmar Publishers.

COURSE CONTENT UNITS:

Unit I:	Basic Concepts in Mental Health Nursing
Unit II:	Introduction to Basic Mental Health Concepts
Unit III:	Nursing Care Of the Client Experiencing Crisis, Anxiety, and Schizophrenia
Unit IV:	Nursing Care Of Clients Experiencing Alterations In Mood
Unit V:	Personality Disorders and Substance-Related Disorders
Unit VI:	Disorders of Self-Regulation
Unit VII:	Cultural Diversity and Evolution of Nursing in Psychiatric Settings
Unit VIII:	

TEACHING METHODS:

This course will include the following methods/approaches to teaching:

1. Lecture
2. Class Discussion
3. Audio-Visuals & Supplemental Readings
4. Experience in Clinical Areas
5. Post-Conference in Clinical Areas
6. Class Activities
7. Outside Assignments