

COURSE DESCRIPTION:

The content of this course focuses on the unique characteristics of older adults and their biopsychosocial needs and developmental tasks. The student is provided with knowledge to aid understanding of the aging population. The normal aging process and health promotion in the older adult, as well as the theories of aging and other geriatric care issues are addressed also. The nursing process is utilized to meet the older client's needs.

The clinical component exposes the student to various observational opportunities within the community specifically focused on the older adult.

PREREQUISITES: MATH 1204 College Algebra *or*
MATH 1103 Survey of College Math
BIOL 2214 Anatomy and Physiology I
BIOL 2224 Anatomy and Physiology II
PSYC 2003 General Psychology

NURS 9108 Fundamentals of Nursing

COREQUISITES: MBIO 2014 General Microbiology
ENGL 1013 English Composition I

NURS 9206 Nursing Care of Adults I

CREDIT HOURS: 3 credit hours

CLASSROOM HOURS: 2 hours per week

CLINICAL HOURS: 3 hours per week - 45 hours during the semester

TARGET AUDIENCE AND TRANSFER: Students apply for and are selected for admission into the Nursing Program. While licensure as a Registered Nurse is an end-goal for some individuals, all AAS Nursing graduates are eligible to seek advanced placement towards a BSN degree at most colleges and universities.

COURSE OBJECTIVES:

Following completion of this course the student:

As a direct care provider will:

1. Verbalize an increased awareness of the qualities, rights and unique features of older adults and their needs.
2. Analyze own attitudes towards aging and the older adult.
3. Identify biopsychosocial stressors associated with the aging population and utilize the nursing process to provide care for older adults based on biopsychosocial needs and

developmental tasks.

4. Discuss ways in which the older adult can maintain or enhance his/her position on the health-illness continuum or meet death with dignity by utilizing appropriate promotion, restoration and maintenance nursing behaviors.
5. Describe ways to communicate with the older adult enumerating specific measures to overcome sensory deficits.
6. Discuss ways in which the principles of teaching-learning can be adapted to minimize potential problems and maximize strengths and talents of the older adult when providing health care teaching.
7. Describe the legal/ethical issues related to care of the older adult.

As a manager of client care will:

8. Identify community resources that are available to assist the older adult.

As a member within the profession of nursing will:

9. Evaluate own learning needs and seek out opportunities to meet these needs.

TEXTBOOKS:

1. Eliopoulos, Charlotte. (2000). Gerontological Nursing, 5th Edition, Philadelphia: J.B. Lippincott

JOURNALS:

Selected articles from nursing journals

COURSE CONTENT UNITS:

UNIT I	Understanding the Aging Population
UNIT II	Hierarchy of Needs of the Older Adult - Wellness Promotion
UNIT III	Physiological Aging Changes
UNIT IV	Psychosocial Aging Changes
UNIT V	Geriatric Rehabilitation
UNIT V	Safe Drug Use in the Older Adult
UNIT VII	Legal/Ethical Considerations in Nursing Care of the Older Adult
UNIT VIII	Community Resources for the Older Adult

TEACHING METHODS:

This course will include the following methods/approaches to teaching:

1. Lecture/Guest Speakers
2. Class Discussion
3. Audio-Visuals
4. Student Presentations
5. Attitudes Workshop