

COURSE DESCRIPTION:

This introductory course is a competency-based course that introduces the student to the nursing process, the roles of the Associate Degree nurse, nursing behaviors, needs theory, developmental theory, stress and adaptation, the environment, health-illness continuum and legal-ethical issues. Basic principles of pharmacology, nutrition, and medication administration are also included. The focus is on technical skills to assist the client to meet biopsychosocial needs. The role of the A.D. nurse as direct care provider, utilizing communication skills is emphasized.

The campus lab/clinical component correlates theory and clinical first in long-term care settings. The student is introduced to the acute care setting later in the first semester. Fundamental psychomotor nursing skills are taught in the campus lab. The student is provided the opportunity to develop technical skills by giving direct patient care.

PREREQUISITES: MATH 1204 College Algebra *or*
MATH 1103 Survey of College Math
BIOL 2214 Anatomy and Physiology I

COREQUISITES: BIOL 2224 Anatomy and Physiology II
PSYC 2003 General Psychology

CREDIT HOURS: 8 credit hours

CLASSROOM HOURS: 5 hours per week

CLINICAL HOURS: 9 hours per week

TARGET AUDIENCE AND TRANSFER: Students apply for and are selected for admission into the Nursing Program. While licensure as a Registered Nurse is an end-goal for some individuals, all AAS Nursing graduates are eligible to seek advanced placement towards a BSN degree at most colleges and universities.

COURSE OBJECTIVES:

Following completion of this course the student:

As a direct care provider will:

1. Describe the components of the nursing process and how they can be utilized to provide direct nursing care to clients.
2. Describe selected health-related biopsychosocial needs and developmental tasks and their implications for nursing care.
3. Discuss the use of assessment skills and data interpretation to identify biopsychosocial needs and developmental tasks.
4. Identify nursing skills necessary to assist clients in a long-term care setting to meet their physiological and safety and security needs.

5. Describe ways to assist the client to maintain position on health-illness continuum by utilization of health maintenance nursing behaviors.
6. Discuss mathematical concepts and pharmacological principles to develop a base for safe nursing practice with regard to drug dosage calculation and administration.

As a manager of client care will:

1. Identify therapeutic and non-therapeutic communication techniques that occur during client interactions.
2. Describe organization of time and activities to provide care for one client.

As a member within the profession of nursing will:

1. Explore the expectations of the role of the A.D. nurse as a member within the profession of nursing.
2. Recognize the personal attributes necessary to become a productive member of the nursing profession.

TEXTBOOKS:

1. Abrams, A. (2001). Clinical Drug Therapy: Rationales for Nursing Practice, 6th Edition, Lippincott
2. Ackley, B. & Ladwig, G. (2002). Nursing Diagnosis Handbook: A Guide to Planning Care, 5th Edition, Mosby
3. Alfaro-LeFevre, R. (1998). Applying Nursing Process – A Step-By-Step Guide, 4th Edition, Lippincott
4. Black, J., Hawks, J. & Keene, A. (2001). Medical-Surgical Nursing: Clinical Management for Positive Outcomes, 6th Edition, Saunders
5. Black, J., Hawks, J. & Keene, A. (2001). Medical-Surgical Nursing Study Guide, Saunders
6. Gray, D. (1998). Calculate with Confidence, 2nd Edition, Mosby
7. Karch, A. (2002). Lippincott's Nursing Drug Guide, Lippincott
8. Mosby's Medical, Nursing, & Allied Health Dictionary OR Taber's Cyclopedic Medical Dictionary
9. Pagana, K. & Pagana, T. (2001). Mosby's Diagnostic and Laboratory Test Reference, 5th Edition, Mosby
10. Potter, P. & Perry, A. (2001). Fundamentals of Nursing, 5th Edition, Mosby
11. Ropelewski-Ryan, G. (2001). Study Guide to Accompany Clinical Drug Therapy: Rationales for Nursing Practice, 6th Edition, Lippincott
12. Silvestri, L. (1999). Saunders Comprehensive Review for NCLEX-RN, Saunders
13. Zerwekh, J. & Claborn, J. (2000). Nursing Today: Transitions and Trends, 3rd Edition, Saunders

COURSE CONTENT UNITS:

UNIT I Introduction to Nursing

UNIT II	Skills and Concepts for Nursing
UNIT III	Safety Needs for Man
UNIT IV	Physiological Needs for Man
UNIT V	Skills for Nursing
UNIT VI	Concepts about The History and The Practice of Nursing
UNIT VII	Concepts about Man
UNIT VIII	Psychosocial Needs for Man

TEACHING METHODS:

1. Lecture
2. Class Discussion
3. Audio-Visuals
4. Demonstration
5. Experience in Campus Lab/Clinical Areas
6. Post-Conferences in Clinical Areas
7. Extra reading assignments